



Pine Island Community Education Winter/Spring 2024

Website: www.pineisland.k12.mn.us

Facebook: Pine Island Community Education Group



Community Education Office 507-356-8876

Kara Cordes, Community Education Coordinator

kcordes@pineisland.k12.mn.us

Rachel Lange, Administrative Assistant

rlange@pineisland.k12.mn.us

Mailing Address: 212 1st Ave SE PO Box 398

Pine Island, MN 55963

Jennie Barker, Childcare Director 507-272-7140

Panther Cubs (ages 33months- 4yr) 507-696-4995

Panther Pals (K-6th grade) 507-577-8599

Childcare Team

Panther Cubs Lead Teachers

Lori Hoffmann lori.hoffman@pineisland.k12.mn.us

Chelsey Haugen chaugen@pineisland.k12.mn.us

Amanda Hickman amanda.hickman@pineisland.k12.mn.us

Panther Pals Lead Teacher

Crystal Rands crystal.rands@pineisland.k12.mn.us

Kelly Barker, ECFE/Preschool Director

507-356-8876 Ext. 3510

Preschool Team

Kelly Barker kbarker@pineisland.k12.mn.us

Liz Boehmke eboehmke@pineisland.k12.mn.us

Jodi Giesen jgiesen@pineisland.k12.mn.us

Table of Contents



| | |
|--|-------|
| Registration Info/Advisory Council | 4-5 |
| Preschool & Parent Café..... | 6-7 |
| Early Childhood Screening/ECFE Events..... | 8-9 |
| Field Trip/Youth Classes..... | 10-11 |
| Youth Classes | 12-15 |
| Miss Angie's Place/Trap Shooting..... | 16-17 |
| Youth & Adult Driver's Ed..... | 18-19 |
| .. Open Gyms..... | 20-21 |
| Martial Arts/Power Hour/Free Adult Ed..... | 22-23 |
| Adult Flower Classes..... | 24-25 |
| Adult Food Classes..... | 26-27 |
| Adult Cookie Class..... | 28-29 |
| Adult Crafting Classes | 30 |
| Adult Classes..... | 31-33 |
| Adult Trips..... | 34-36 |
| Baby Closet/Winter Fest..... | 37 |
| Van Horn Library..... | 38-39 |
| Community..... | 40-45 |
| District Calendar/Registration Forms..... | 46-47 |



Registration Information

How Do I Register?

Online: Register for classes on the PI School Website at www.pineisland.k12.mn.us. Click on the Community Education Tab, Click online payments

By Mail: Send your check, money order or credit card information with the completed registration form to: PI Community Education, 223 1St Ave SE, PO Box 398, Pine Island, MN 55963.

By Phone: Give our office a call at 507-356-8876 and we'll help you sign up over the phone.

Who Do I Pay?

Please make checks payable to Pine Island Community Education. Checks will be deposited when received. If a class is cancelled a refund check will be distributed.

When Can I Sign Up?

Registration begins immediately. If space is still available in a class, registrations are taken as long as possible, depending on the supplies needed by the instructor. Early registrations help fill classes on time and reduce the chances that the class will be cancelled. If the class minimum is not met, classes will be cancelled one week prior to the start date.

Refunds

If you cannot attend a class, you will receive a refund up to one week prior to the class unless an earlier deadline is specified. After that date your refund will be based on supplies or fees already incurred. Trips cannot be refunded after the registration closes.

Scholarships

Scholarships for Early Childhood Family Education are available, contact Kelly Barker for more information.

Locations of our programs:

Early Learning Center (ELC)

Community Education Office

Preschool Programs

Cubbies Childcare

Early Childhood Special Education Programs

ECFE Classes/Events

Early Childhood Screenings

Summer Childcare

K-4 Building

Panther Pals Childcare (before and after school K-6th)



Pine Island Community Education & Early Childhood Advisory Council

The Pine Island Advisory Council is seeking new members to the council. Please call Kara Cordes at 356-8876 or a council member for more information. The purpose of the council is to advise the community education department and early childhood program on the wide variety of programs offered through community education and early childhood. We only meet four times a year and always welcome new members.

Advisory council members include: Becca Graner, Nicole Miller, Jennie Barker, Mary Bakeberg, Kelly Barker, Jodi Giesen, Jen Erikson, Emily Miller, Rachel Lange, Scott Miller, and Kara Cordes.



Preschool

Little Paw's

(Age 3 by September 1, 2023)

Welcome families of 3's and 4's. Children will focus on socialization, school routines, and being in large and small groups with others. Letters, numbers, and pre-kindergarten concepts will also be emphasized. Children will have opportunities to participate in story time, art projects, and free-choice activities, manipulatives, and much more.

ALL CLASSES HAVE A \$25 REGISTRATION FEE

Class Options:

Monday/Wednesday 8:30-11:00am Miss Kelly \$112/month

Tuesday/Thursday 8:30-11:00am Miss Liz \$112/month

Tuesday/Thursday 12:15-2:45pm Mrs. Giesen \$112/month

Visit our website for more detailed information as well as registration forms!
(www.pineisland.k12.mn.us, click community ed tab, preschool tab)

Panther Preschool

(Age 4 by September 1, 2023) We will work on pre-kindergarten skills, such as large and small group socialization, listening, taking turns, following directions, and becoming familiar with school and school routines. We will be using a curriculum which fully aligns with the kindergarten curriculum. We will also be working on concepts such as counting, pre-math and pre-reading skills, letter and number recognition, shapes, colors, printing, and beginning to use the computer. The children will be able to participate in story time, art projects, gym, and playground activities.

ALL CLASSES HAVE A \$25 REGISTRATION FEE

Class Options:

Mon/Wed/Fri 8:30-11:00am Miss Liz \$147/month

Mon/Wed/Fri 12:15-2:45pm Mrs. Giesen \$147/month

Mon/Wed/Fri 12:15-2:45pm Miss Kelly \$147/month

Mon-Fri 8:30-11:00am Mrs. Giesen \$259/month

Mon-Fri 12:15-2:45pm Miss Liz \$259/month

Visit our website for more detailed information as well as registration forms!
(www.pineisland.k12.mn.us, click community ed tab, preschool tab)

ECFE Classes



Parent Café - (Friday Mornings)

You will enjoy playing and socializing with your preschoolers. Parents will separate for 45 minutes of parenting time. Children will enjoy age-appropriate activities, art projects, songs, and movement.

Date: Friday Mornings

Time: 8:30 am-10:00 am (open play with separate parenting time)

Location: Early Learning Center (ELC)

Fee: \$72 for full year (September 15th–May 10th)

Instructors: Kelly Barker & Ben Thornton

HELP ME GROW

As you watch your child grow, you may have questions about your child's development. While all young children grow and change at their own rate, sometimes you may have concerns that your child is developing differently than other children the same age as your child.

If you have concerns about your child's development, call 1-866-693-GROW (4769) or visit the helpmegrowmn.org website to refer your child.



Once a referral is made through Help Me Grow, the local school district will contact you to arrange for a screening or evaluation to determine if your child is eligible for Infant and Toddler Intervention or Preschool Special Education services in Minnesota.

Early Childhood Screening



January 18th, March 6th & 7th

Location: Pine Island Early Learning Center (212 1st Ave SE)

Early Childhood Screening is a free check of a child's growth and development provided by Pine Island Public Schools. Screening in early childhood supports readiness for kindergarten and promotes positive child health and development. If any areas of concern are identified, children can get the help they need before starting school. **Children are required to have a screening before kindergarten entrance**, unless a conscientious objection is filed.

The next Early Childhood Screening is being held **January 18th and March 6th & 7th at the Pine Island Early Learning Center.**

This screening is for any unscreened child who:

- Is between the ages of three and four.
- Is over four and has not yet been screened

Screening at age three is ideal, as it provides the earliest time to offer support and resources to children and families. The screening tools are adjusted for a child's age, so waiting for a child to learn more skills before screening is not recommended and provides no benefit. It can also delay care for any areas that may be of concern.

The screening includes height and weight, vision and hearing, and a developmental screening, which looks at the child's thinking, language and motor skills. Parents will also have a health and immunization review with a nurse, followed by an exit interview. Early childhood screening includes a vision screening that helps detect potential eye problems, but is not a substitute for a comprehensive eye exam.

Call Community Education at 356-8876 to schedule your appointment. Appointment times range from 8:00 AM until 2:00 PM and take about 1.5 hours. **Attending any preschool or ECCE classes or having well child check-ups with your doctor does not eliminate the requirement for screening.**

If you have questions regarding screening eligibility or any other questions pertaining to ECS, please contact Community Education 356-8876.

2024 ECFE Events



ECFE Winter Fun Nights

Location: Early Learning Center (ELC) 212 1st Ave SE Pine Island

Shake off the winter blues by gathering up your preschoolers (ages 3-6) and come explore the new Early Learning Center in Pine Island! Early Childhood teachers will provide fun activities and parents can participate in lively parenting discussions.

Thursdays, February 8, and 22

Session 1 -Messy Fun! Come explore several different messy experiences! We will play with imitation snow, pretend mud, and slime. Kiddos will also have time to play in the indoor playground. Parents will have the opportunity to visit with others about current parenting topics.

Date: Thursday, February 8th **Time:** 5:30-7:00 pm

Cost: \$5 per family **Location:** Early Learning Center

Register Online: www.pineisland.k12.mn.us, click on Community Ed tab, Youth Classes

Session 2 - Let's Go Camping! Tents, camping art projects, stories, and smores in a cup for snack time! Bring a FLASHLIGHT and dress warm as we will be taking an adventure walk outdoors! Parents will be able to separate for a chance to visit with other parents of preschoolers.

Date: Thursday, February 22nd **Time:** 5:30-7:00 pm

Cost: \$5 per family **Location:** Early Learning Center

Register Online: www.pineisland.k12.mn.us, click on Community Ed tab, Youth Classes

Also, stay tuned for more information about our new ECFE STREET DANCE, which will be held outside of the ELC and will have kid friendly tunes and a food truck!! Watch for more info as this event will take place in late April or early May.





ECFE Event/Field Trip

ECFE Egg Hunt

Hop on over to Pine Haven Community to gather up some goodies. Bring your basket and camera! Please dress for the weather as this event is outside. If rain/snow, the event will be held at the Early Learning Center. Restrooms will not be available, plan accordingly.

Date: Monday, March 25th

Time: 6:00 pm

Location: Outside at Pine Haven Community
510 1st Ave NW (Rehab Entrance)



Air Insanity (Grades K-6th)

Air insanity is over 32,000 sq. ft. of fun for the whole family and features a number of unique programs focused on improving child health and fitness. We are much more than your ordinary trampoline park, we offer the best of trampoline park experience with a host of incredible indoor adventure attraction options.

Date: Monday, January 15th

Time: Depart at 9:15 am from the Early Learning Center

Return at 12:30 pm to the Early Learning Center

Fee: \$18 (bring previous Air Insanity socks)

\$21 (includes socks)

~A **WAIVER** must be filled out online prior to trip on Air Insanity's website.

Registration DEADLINE: Jan. 8th



Youth Classes



Sunshine and Roses-Snowflakes and Kittens, and Candy Hearts

Join Sunshine and Roses Traveling Art Studio to paint and create on canvas. Classes are open to all ages (adults too!) and you do not need any painting experience! Choose Class 1, 2 or both!

Classes are back to back, students

(Ages 6 and under must be accompanied by an adult!)

Date: Tuesday, February 13th

Time: Class 1: 3:00-4:00 pm (Snowflakes & Kittens)

Class 2: 4:00-5:00 pm (Candy Hearts)

Both Classes: 3:00-5:00 pm (both pictures)

Location: K4 Green Multipurpose Room

Fee: \$26 for class 1 or \$50 for both classes





Youth Classes

Child and Babysitting Safety (CABS) Program (4th Grade and up)

The Child and Babysitting Safety (CABS) program from the American Safety and Health Institute gives everything you need to know for safe and successful babysitting. The YouTube “vlogger” style presentation of the video brings a youthful and high-energy spirit to the program content, and the colorful magazine format of the student book makes learning fun. From getting started with your business, to working with parents and children, to key safety, caregiving, and first aid tips, CABS will help set you up for babysitting success. Students must be present for the entire class and complete achievement of the core learning objectives to receive certification valid for two years. Instructor provides baby dolls, bottles, diaper supplies for skills participation. Students attend this class independently and should come prepared with a notebook and pen.

Date: Thursday, April 4th

Time: 3:30-6:30 pm **Fee:** \$63

Location: 5-12 Building, Flex Room 172

Instructor: Lori Ann Hameister



Home Alone (2nd Grade or Older)

Is your child ready for the independence of being home alone? Parents need to be sure their children have the skills and maturity to handle the responsibility safely. Whether it is for an hour after school or several hours a day during the summer, being trusted to be home alone can be a positive experience for a child who is mature and well prepared. This class for children will address several topics relating to being “Home Alone” including age guidelines, safe habits, house rules, after school routines, phone calls, and door knocks, dog emergencies, personal safety, handling the unexpected, gun safety, severe weather, fire safety, intruders, and first aid tips. Students attend this class independently and should come prepared with a notebook and pen. Parents are encouraged to review the take home information and discuss it with their child.

Date: Thursday, April 25th

Time: 3:00-5:00 pm **Fee:** \$35

Location: K4 Green Multi-Purpose Room

Instructor: Lori Ann Hameister

HoME alone **SAFETY**
For Kids!



Youth Classes

Panther Kali Martial Arts Class

Kali is a martial art from the Philippines. This class will focus on practical self-defense skills and jujitsu (the art of leverage). Students will learn how to train safe and be respectful of others while having fun. Please bring a water bottle and wear shorts and a t-shirt to class.

Dates: January 16, 23, 30

February 13, 20, 27

March 5, 12, 26

April 9, 16, 23

Time: 6:45-7:30 pm

Ages: Grades 5-12, Adults welcome

Location: Music Room at Elementary School

Cost: \$100

Instructor: Professor Quest



Tae Kwon Do

We emphasize on building self-confidence, discipline, improved physical fitness, and self-defense for all ages through an exciting and engaging aerobic martial arts workout. We teach a traditional style of Tae Kwon Do where personal development is our focus, not competition. Every new student receives 2 free classes before signing up.

REGULAR CLASS SCHEDULE:

Monday Evenings 6:00–7:00 PM (Beginners)

Monday Evenings 7:00–8:00 PM (Advanced Belts)

Date: Mondays (all year)

Location: Wrestling Room

Fee: \$40 per month

Instructor: William Winter



Register by calling 507-259-3537 or email wwinter@live.com

Youth Classes



Snowman Stacker (kids 1st grade and up)

Christmas might be over but we still have lots of snow! Let's have some warm winter fun decorating your own 4-piece snowman stacker cookie with Debbie. Cuckoo for Cookies by Debbie will be hosting a beginner sugar cookie decorating class for kids! All cookies and supplies needed for this class will be provided.

Debbie is a Minnesota Cottage Food Producer. These products are home-made and not subject to home inspection. Allergens included are dairy, eggs, wheat, and nuts. Decorated cookies may vary from the picture shown. Questions can be directed to cuckooforcookiesbydebbie@gmail.com

Date: Tuesday, January 23rd

Time: 3:00-4:00 pm

Location: K4 Green Multipurpose Room

Cost: \$30

Instructor: Debbie Brown



Spring Fling (kids 1st grade and up)

A little birdie told me that a new cookie class is arriving just in time for spring! Stop and smell and flowers with Debbie. Cuckoo for Cookies by Debbie will be hosting a beginner sugar cookie decorating class for kids! All cookies and supplies needed for this class will be provided.

Debbie is a Minnesota Cottage Food Producer. These products are home-made and not subject to home inspection. Allergens included are dairy, eggs, wheat, and nuts. Decorated cookies may vary from the picture shown. Questions can be directed to cuckooforcookiesbydebbie@gmail.com

Date: Tuesday, March 12th

Time: 3:00-4:00 pm

Location: K4 Green Multipurpose Room

Cost: \$30

Instructor: Debbie Brown





WINTER SCHEDULE *at a glance*

Register online: www.missangiesplace.org

KEY: (A) Adult // (Y) Youth // (E) Everyone

| | |
|-----------|---|
| MONDAY | (Y) After School Academy (4th-8th grade) // 3:30 - 6 PM // MAP, Pine Island (A) Yoga with Heather // 6:30 - 7:30 PM // MAP, Pine Island |
| TUESDAY | (Y) Naturescapes (Ages 4-12) // 9 AM - 12 PM // MAP, Pine Island (Y) After School Academy (4th-8th grade) // 3:30 - 6 PM // MAP, Pine Island |
| WEDNESDAY | (Y) Nature's Palette - Seedlings (Ages 4-7) // 9:15 - 10 AM // SMU, Rochester* (Y) Nature's Palette - Saplings (Ages 8-12) // 10:30 AM - 12 PM // SMU, Rochester* (Y) After School Academy (4th-8th grade) // 3:30 - 6 PM // MAP, Pine Island |
| THURSDAY | (A) Painting Pals (Adult) // 12:30 - 2 PM // MAP, Pine Island (Y) After School Academy (4th-8th grade) // 3:30 - 6 PM // MAP, Pine Island (A) Shake Your Booty w/ Bridget and Kristi // 6:30 - 7:30 PM // MAP, Pine Island |
| FRIDAY | (E) Creativity Time (All ages) // 10 AM - 12 PM // MAP (Y) After School Academy (4th-8th grade) // 3:30 - 6 PM // MAP, Pine Island |



- >> Need a place to host an event? Hourly and daily rates are available.
- >> Check our website for special events and classes!
- >> Need a birthday party idea? Have an art party!
- >> Give the gift of experience! Gift cards now available.



✉ angie@missangiesplace.org

☎ 507-251-3684

📷 @missangiesplace

🌐 www.missangiesplace.org



Miss Angie's Place (MAP)
208 N Main St.
Pine Island, MN 55963

Let's Connect!



*Wednesday Art Class Location: Saint Mary's University of Minnesota - Rochester
2900 19th St NW, Rochester, MN 55901

Adult Classes



Learn to Trap Shoot

Trap Shooting is the second largest sport in Minnesota High School athletics. Its popularity centers around the fact that the skills needed to become proficient at trap shooting are not dependent on physical stature, age, or sex. Furthermore, trap shooting is extremely safe with no injuries reported in the history of Minnesota High School trap shooting.

The class being offered is designed exclusively for the new trap shooter who would like to be introduced to trap shooting in a non-intimidating and controlled setting. The class will be a single evening where trap protocol and safety are taught followed by personalized shooting instruction on the trap range. This is a perfect way for individuals, friends, husband/wife, mother/daughter/son etc. to get together to learn the sport. All equipment and ammunition will be provided. However, if you already have a shotgun of your own to shoot, you are welcome to bring your own gun. You will leave the class with the knowledge and confidence to join a trap league. Instructors will stay after the class if you would like to purchase/shoot additional rounds.

Class size is limited to 15 only and you must be at least 18 years of age to participate.

Date: Sunday, May 19th

Time: 3:00-6:00 pm

Location: White Pines Sportsmen's Club- 155 White Pines Road SE, Pine Island

Cost: \$35.00

Instructors Steve Knight, Patrick Smith

Call the community ed office to register 507-356-8876 or register online at <http://www.pineisland.k12.mn.us/> under the community education tab





Youth Driver Education

Cannon River Driving School

Dates: February 5th-16th

Time: 3:30-6:30pm

Feb. 14th class will be 1:00-4:00pm



Location: 5-12 Building, Flex Room 172

Classroom Fee: \$125

Behind the Wheel Fee: \$270

Register by emailing Adam Rueger at adam_rueger@yahoo.com

612 -578-8977

Owner/Instructor: Adam Rueger

Payment is made to Cannon River Driving School.

For the above stated fees Cannon River Driving School agrees to provide 30 hours of classroom training and 6 hours of behind the wheel for operation of a motor vehicle in the state of Minnesota.

If the student or program cannot complete any or part of the program their fee will be refunded for the portion they did not complete.

One other passenger may ride along on the behind the wheel if pre-approved by instructor. There is a \$35 cancellation fee if less than 24 hours' notice is given for the behind the wheel appointments. This agreement/contract constitutes an agreement/contract between the program and the student parent, and no verbal statements or promises will be recognized.

Register by emailing Adam Rueger at adam_rueger@yahoo.com

Adult Driver Education



Driver Refresher

Take advantage of the MN law that allows renewal of the Driver Improvement Certificate through this four-hour class. This refresher course is for drivers, 58 years old and older, who have previously completed the state certified 8-hour class. **Please register for only one date.**

Date: January 27th **Time:** 8:00-Noon **Fee:** \$27

Location: Lower Level of Zumbrota Nursing Home, 323 W 5th Street

Date: February 7th **Time:** 5:00-9:00 pm **Fee:** \$27

Location: Lower Level of Zumbrota Nursing Home, 323 W 5th Street, Zumbrota

Date: May 8th **Time:** 5:00-9:00 pm **Fee:** \$27

Location: Lower Level of Zumbrota Nursing Home, 323 W 5th Street, Zumbrota

Date: June 12th **Time:** 8:00-Noon **Fee:** \$27

Location: Pine Island 5-12 School, Forum Room-Door #27

Driver Improvement Class 55yrs + (Intro Class) in Pine Island

This class provides partial guidance for traffic accident prevention and meets the MN DOT Requirements for the 10% insurance reduction for drivers 55 and older. This is an 8 hour course. It includes classroom presentations and discussions of safe driving practices and the aging factors that typically affect 55+ drivers. Driver fitness topics include vision, hearing, mobility and response times as these relate to the safe operation of a motor vehicle. Techniques to compensate for these factors will be discussed. Class materials include MN Driver's Manual and related handouts.

Date: May 21st & May 22nd

Time: 5:00-9:00 pm each night **Cost:** \$40

Location: Pine Island 5-12 School, Forum Room-Door #27



Open Gym Info

Open Gym – Ongoing -- Basketball for Adults Only

Open gym will be held in the gold gym.

Date: Wednesday Evenings

Time: 8:30-10:00 pm

(starting Sept. -May) Not Nov. 23rd, & Dec. 28th, March 20th

Location: High School Gold Gym (5-12 building)

Fee: \$2.00 per Session

Instructor: William Schroder



Youth and Family Open Gym

Open gyms will be offered starting in December-March in the K4 gym. These sessions are open to the public and will offer the opportunity to play basketball, throw a football, run around, etc. **All children must be accompanied by an adult.** A supervisor will be on duty.

Date: Wednesday Evenings (Starting Dec. 6th-March 13th)

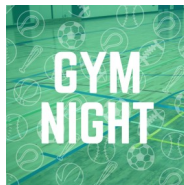
No open gym Dec. 27th.

Time: 6:30-8:00pm

Location: K4 Gym

Fee: Pay \$2.00 per session for walk ins OR

\$25 for all 14 weeks per person or \$50 per family must
prepay online on the Community Ed website.



All children must be accompanied by an adult.

Adult Open Gyms



Pickleball Open Gym-Adults Only

Rain or shine the gym is always ready for pickleball! Come enjoy this sport in an open gym format; no formal instructor or supervisor will be present. Please bring your own paddle. Clean, athletic shoes must be worn on the gym floor.

Date: Sunday Evenings

Session 2: Starting Feb. 4th-April 28th (no open gym on 3/17, 3/31)

Time: Pick your time slot (space is limited)

3:00-4:30 pm

4:30-6:00 pm

Location: K4 Gym **Fee:** \$35



Community Walking Club

Pine Island and Oronoco community members are welcome to walk in the mornings at the 5-12 building.

Date: Starting September 5th-May 17th

Time: Weekly Monday-Friday 6:30-7:30am.

Cost: Free



Access to the building is secure. Please stop by the Community Ed office for a swipe to grant you access before you start walking.

***No walking on non school days (please see district calendar online). Please park by the main entrance and use door #1.



Adult Martial Arts/Power Hour

Kali Martial Arts (Adults, 16+)

Learn the art of the sword! Kali is a weapons based martial art from the Philippines. Each class gives a great workout that challenges the body and the mind. Students will learn single sword, double sword, knife, Spada-e-Daga, and jujitsu. These are also extremely practical in self-defense. Panther Kali students may take this class after earning Orange Belt with a parent present.

REGULAR CLASS SCHEDULE:

Wednesday Evenings 6:00-7:15 pm (All Levels)

Wednesday Evenings 7:15-8:00 pm (Advanced: Free Spar and Individual Instruction)

Date: Wednesdays

Location: Milton Township Town Hall

54368 250th Ave

West Concord, MN 55985

Fee: \$35 per month + equipment

Instructor: Lakan Daniel Quest

Register by calling (865) 235-8888 or email questfma@gmail.com



Adult Power Hour

Power hour training is a blend of total body movements including: weightlifting, running, jumping, and daily challenges for adults looking to be pushed in a group setting. We strive for a high intensity and a fun atmosphere each session. Everything we do can be modified to meet your needs.

Dates: Monday, Wednesday, Friday **Time:** 5:00-6:00 am

Session 3 Jan. 3rd-Feb. 23rd

Session 4 Feb. 26th-April 19th (no class March 18th, 20th, 22nd)

Location: Pine Island HS Fitness Center

Cost: \$60 per session

Instructor: Karla Haugen



HAWTHORNE EDUCATION CENTER



**JOIN US AT OUR SAFE AND
WELCOMING ADULT SCHOOL
FOR EVERYONE!**

VARIETY OF CLASSES OFFERED

**Classes available online and
in-person. Devices available
for those who need it.**

Call for more information: 507-328-4440

700 Fourth Ave SE, Rochester, MN 55904



FREE ADULT BASIC EDUCATION CLASSES

LEARN ENGLISH AS A SECOND LANGUAGE

Improve your written and spoken skills. Hawthorne offers seven levels of ESL as well as pronunciation and conversation.

CITIZENSHIP

Classes prepare students for citizenship test and interview.

HIGH SCHOOL DIPLOMA/GED

Work toward completing a high school diploma or equivalent.

COLLEGE & TRAINING

Hawthorne helps students prepare for college and employment. Some of the options are:

- Certified Nursing Assistant (CNA)
- Advanced Hospital Nursing Assistant
- Licensed Practical Nursing
- Registered Nursing (RN)
- Phlebotomy Preparations
- Pharmacy Technician Preparation



- Office Support Specialist
- Healthcare Office Professional
- Administrative Office Professional



Adult Classes-Flowers

Microgreens! What are they and how do I eat them?

What is a microgreen, how are they grown, and why should I eat them? These are a few of the questions that will be answered in this fun, interactive class. Learn how microgreens are grown, the nutritional value, and how to incorporate them into your daily diet. Class will get a tour of our microgreens growing facility and everyone will plant their own mini container of microgreens to take home to grow. Do you have a child at home that might like to join in the fun, learn and plant too? One student is welcome to attend with each adult registration!

Date: Saturday, January 20th

Time: 10:00-11:00 am

Location: The Greensted - 45820 190th Ave, Zumbrota

Cost: \$20 **Instructors:** Dean & Jayne Bredlau

Spread the Love

All Ages (children must be accompanied by an adult)

Celebrate Valentines Day this year with Flowers on Main. We will be offering space and materials for you to create a Valentine's Day themed arrangement. Your arrangement will go home with you. Share it with your valentine? Keep it because you deserve some flowers? Both sound like good options to me. See you there!

Date: Monday, February 5th

Time: 6:00-7:00 pm

Location: Flowers on Main-345 South Main St., Zumbrota

Cost: \$55 **Instructor:** Jessie Karshen

Succulent Garden Workshop

All Ages (children must be accompanied by an adult)

Come meet new friends while you plant a succulent garden to take home. Flowers on Main will provide the space, the plants, the materials and perhaps the most important, the clean up! Looking forward to seeing you!

Date: Monday, March 11th

Time: 6:00-7:00 pm

Location: Flowers on Main-345 South Main St., Zumbrota

Cost: \$65 **Instructor:** Jessie Karshen

Mother's Day Arrangement Workshop

All Ages (children must be accompanied by an adult)

Let's be real. Moms are heroes. Birth moms, adoptive moms, pet moms, foster moms, daycare moms, second moms, ALL THE MOMS, yep, heroes. Flowers on Main will provide the space, the materials and perhaps the most important, the clean up! Looking forward to helping you share your appreciation for that mom in your life!

Date: Monday, May 6th

Time: 6:00-7:00 pm

Location: Flowers on Main-345 South Main St., Zumbrota

Cost: \$65 **Instructor:** Jessie Karshen



Adult Classes-Food

Learn how to become a registered Cottage Foods Producer

Want to legally earn \$\$\$ cooking and selling cottage foods from your home kitchen?

The MN Cottage Foods Law allows people to legally make thousands of foods in their home kitchen and sell them, without the need for a food license. MFMA executive director Kathy Zeman will teach the required training, assist people completing the application and pass the test. Attendees will also test foods for both pH and water activity, the two parameters for allowed cottage foods.

Date: Saturday, February 17th

Time: 9:00-11:00 am

Location: The Greensted - 45820 190th Ave, Zumbrota

Cost: \$20 **Instructors:** Kathy Zeman

Laab, Green Papaya Salad and Sticky Rice

Discover how to make one of the most popular and delicious street food options available throughout Thailand but originated from the north-east region of the country. The inclusion of lime leaf and lime juice in laab makes it a delicious dish especially with a crunchy Thai chili blend of spices. Green papaya salad will be made using traditional Thai mortar and pestle to bring out its amazing flavor. The addition of sticky rice and an authentic Thai drink will make this a wonderful experience for the senses.

Date: Saturday, April 20th

Time: 4:30-6:30 pm

Location: ZMMS/HS FAC Room #169

Cost: \$35 **Instructors:** Aoy Post

Stir Fried Pork with Holy Basil and Rice (Pad ka praow)

Pad ka prow is an amazing dish from central Thailand, so popular it is in almost every Thai restaurant throughout the world. The reason it is so delicious and popular is due to the holy basil which is fragrant and slightly spicy to tantalize the tastebuds. This dish goes great with Jasmine rice which we will also prepare in this class to give you an authentic and delicious taste from the Thai kingdom. Your belly will be satisfied with this dish and an amazing Thai drink.

Date: Saturday, April 27th

Time: 4:30-6:30 pm

Location: ZMMS/HS FAC Room #169

Cost: \$35 **Instructors:** Aoy Post

Coconut Chicken Soup (Tom kha kai)

Learn how to make Tom kha kai, a creamy soup from central Thailand that gets its amazing taste from the galangal root and lemongrass simmered with coconut milk. This delicious soup, made with chicken, is so flavorful and when served with Jasmine rice makes a full meal. Anyone can learn to make this unique and delicious soup and your family and friends will be amazed. With the addition of a excellent Thai drink, this is another class worth taking.

Date: Saturday, May 4th

Time: 4:30-6:30 pm

Location: ZMMS/HS FAC Room #169

Cost: \$35 **Instructors:** Aoy Post

Adult Cookie Classes

Baby It's Cold Outside (Adults and older kids)

Don't let the cold keep you inside this winter, come warm up with a snuggly cookie set with an adorable set of warm accessories!

You will leave with:

1. Tips for rolling, baking, and decorating with royal icing as well as learn about basic tools to get you started.
2. Techniques such as outlining, flooding, wet on wet and dimensions. In this class we will also be working with air brush techniques.
3. You will receive step by step instructions as you decorate your special cookies.
4. The recipes Debbie uses in her home bakery.
5. Links to useful tutorials and her favorite cookie suppliers!

All cookies and supplies needed will be provided. Debbie is a Minnesota Cottage Food Producer. These products are homemade and not subject to home inspection. Allergens include dairy, eggs, wheat and nuts. Decorated cookies may vary from the picture shown.

Questions can be directed to cuckooforcookiesbydebbie@gmail.com

Date: Thursday, February 22nd

Time: 6:00-7:30 pm

Location: 5-12 Building, FACS room, upstairs room 235

Cost: \$50

Instructor: Deb Brown



Adult Cookie Classes



Bee Happy (Adults and older kids)

What is small, black and yellow and drops things? A FUMBLE bee! Don't drop the ball...sign NOW for this fun and easy cooking decorating class with Cuckoo for Cookies by Debbie.

You will leave with:

1. Tips for rolling, baking, and decorating with royal icing as well as learn about basic tools to get you started.
2. Techniques such as outlining, flooding, wet on wet and dimensions. In this class we will also be working with air brush techniques.
3. You will receive step by step instructions as you decorate your special cookies.
4. The recipes Debbie uses in her home bakery.
5. Links to useful tutorials and her favorite cookie suppliers!

All cookies and supplies needed will be provided. Debbie is a Minnesota Cottage Food Producer. These products are homemade and not subject to home inspection. Allergens include dairy, eggs, wheat and nuts. Decorated cookies may vary from the picture shown.

Questions can be directed to cuckooforcookiesbydebbie@gmail.com

Date: Thursday, April 11th

Time: 6:00-7:30 pm

Location: 5-12 Building, FACS room, upstairs room 235

Cost: \$50

Instructor: Deb Brown



Spring Porch Leaner Painting Class

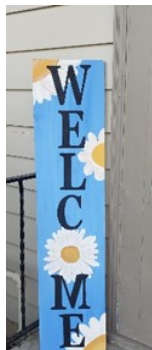
Join us to paint this Spring Daisies 4 ft tall Porch Sign! This class is designed for all skill levels, from beginners to experienced artists, looking to add a touch of seasonal charm to their homes. Beginner friendly - our skilled instructor will guide you step-by-step through the process of painting this design complete with vibrant colors. Optional greetings will be available including Hello Spring! Get into the spirit of Spring with your very own hand-painted Spring Daisy porch sign - the perfect addition to welcome guests and brighten up your home!

Date: Saturday, February 3rd

Time: 1:00-4:00 pm

Location: Mazeppa Municipal Liquor Store - 113 1st Ave N, Mazeppa (Upstairs Party Room)

Cost: \$55



Spring Door Hanger Paint Class

Join Janet for a vibrant and creative Spring Door Hanger Paint Party! This class is perfect for Beginners and seasoned Artists looking to unleash your artistic flair as we gather to transform wood round door hangers into personalized masterpieces. No prior painting experience is necessary – our expert instructor will guide you through the process step by step, ensuring a fun and enjoyable experience for all. Come together for an evening of laughter and creativity at our Spring Door Hanger Paint Party!

Date: Tuesday, March 5th

Time: 6:30-8:30 pm

Location: Mazeppa Municipal Liquor Store - 113 1st Ave N, Mazeppa (Upstairs Party Room)

Cost: \$50



**Pine Island Al-Anon Meeting**

"Begin Again Friday Nights"

Every Friday, 7:00 pm

Virtual (in person meeting at Pine Island United Methodist available upon request)

ZOOM Link: 873 5324 4910

Passcode: BeginAgain

Cost: *FREE*

What is Al-Anon?

Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, *whether or not the alcoholic admits the existence of a drinking problem or seeks help*. Meetings are available worldwide in person, online and by telephone

Who attends Al-Anon?

Al-Anon members are people, just like you, who are worried about someone with a drinking problem.

Questions?

<https://al-anon.org/>

Meeting Information: 1-888-4AL-ANON (1-888-425-2666)

The A, B, C, and D's of Medicare

Are you aging in to Medicare or assisting someone that is? Are you confused on how your Medicare benefits work? This workshop will cover parts A, B, C, and D of Medicare and provide you with a clear understanding of how Medicare works so you can make an informed decision on your healthcare needs and expenses. There will be a question and answer session at the conclusion of this workshop.

Date: Thursday, February 15th or Tuesday April 9th

Time: 6:30-7:30 pm **Cost:** Free

Location: 5-12 Building-Forum Room (Door #27)

Registration is required to attend this class. Please register online at www.pineisland.k12.mn.us or by calling 356-8876.



Adult Classes

Funeral Planning101

In this class, Brenda will explain the basics in funeral planning, what the law requirements are, how to protect your money for a funeral, how to know what you are buying and how to read a funeral price list. Brenda offers FREE planning guides and will help you complete the guide. This is a great opportunity to ask questions and educate yourself on this process to make it easier for your loved ones.



Date/Time: Thursday, January 18th at 6:00 pm OR
Tuesday, January 23rd at 10:00 am

Cost: \$10

Location: Early Learning Center-Conference Room

Instructor: Brenda Schultz

Help! Preparing for the Unexpected Before it Happens

With rising costs in Elder Care, this is an important class to attend. Join Brenda Schultz, the Funeral Lady, to learn how the state can take your home, ways to avoid it and the legal options to spend down and preserve your assets. Get information on how to pre-plan your funeral and the legal options to purchasing a protected funeral plan.

Date/Time: Tuesday, February 13th at 6:00 pm OR
Thursday, February 15 at 10:00 am

Cost: \$10

Location: Early Learning Center-Conference Room

Instructor: Brenda Schultz



Adult Classes



Tackling Taxes: Strategies for Preserving Wealth

One of the most important aspects of one's financial picture is their tax strategy, which is all too often overlooked when formulating an investment strategy or personal financial plan. This seminar covers the best practices in creating tax-aware strategy, including utilizing the thoughtful placements of assets, tax-loss harvesting, and minimizing tax friction in order to keep more of your money.

Date: Wednesday, March 6th **Time:** 6:00-7:00 pm

Location: Zumbrota Public Library (100 West Ave)

Cost: Free

Instructors: Bryan Halverson & Karolin Lex

No registration needed for this class.

First Time Homebuyers Class

This is a class to learn about the process of buying a home. In this class, we will discuss the steps from first wanting a home to finding the right home for you. We will discuss what makes the best offer, what happens at closing and move-in day. You will also learn about all the different types of financing available. A lender will join us to answer any questions you may have on that process.

Date: Thursday, February 29th **Time:** 6:00-7:30 pm

Location: 5-12 Building, Flex Room #172

Cost: Free

Instructor: Becky Zincke (Counselor Realty of Rochester)

Please register for this class by emailing Becky at bzincke@counselorrealty.com



Beautiful The Carol King Musical

Chanhassen Dinner Theatre

The soundtrack of a generation inspired this BROADWAY SMASH HIT! For nearly six years, Beautiful: The Carole King Musical thrilled Broadway audiences with the inspiring true story of Carole King's remarkable journey from teenage songwriter to Rock & Roll Hall of Fame music legend. As a woman in the music industry, King broke barriers and became one of the most prolific songwriters of our time!

Carole King wrote hits for the biggest music acts from The Shirelles to The Righteous Brothers – then recorded her Grammy-winning masterpiece, TAPESTRY. The musical takes you on a joy-filled, emotional ride of a lifetime! Featuring over two dozen hits including “One Fine Day,” “The Locomotion,” “So Far Away,” “Natural Woman,” “You’ve Lost That Lovin’ Feelin’,” and “Will You Love Me Tomorrow,” this Tony and Grammy Award-winning musical is filled with the songs you remember and a story you’ll never forget. A huge cast of singers and dancers bring more than 24 of her greatest hits to life in a triumphant celebration!



A delicious meal will be served prior to the performance, you will have a choice of nine entrées. The entrée will include bread and your choice of coffee, tea, water or milk. Gratuity is included in your ticket price.

Fee includes coach bus transportation, delicious lunch, and theater ticket. When registering, please indicate who you'd like to be seated next to and if you have any mobility restrictions.

Date: Wednesday, April 3

Time: Depart 9:00 am Return 5:15pm

Location: Meet in the city parking lot by Dollar General

Cost: \$107

Deadline to register is **Monday, March 4** or when full.

Adult Trips



'TIL BETH DO US PART

Join us in the newly renovated DayTrippers Dinner Theatre in Plymouth, Minnesota for this side-splitting comic romp about marriage, career-driven Suzannah Hayden needs a lot more help on the home front than she's getting from her husband, Gibby. Lately, nurturing his marriage hasn't been the highest priority for Gibby, but pretty soon he'll wish it had been. Enter Beth Bailey, Suzannah's newly-hired assistant, a gregarious, highly-motivated daughter of the South. To Suzannah's delight, Beth explodes into the Hayden household and whips it into an organized, well-run machine. Suzannah gives Beth carte blanche to change anything in the household that "will make it run more efficiently." And the change Beth makes is convincing Suzannah that Gibby must go!



A newly-motivated Gibby sets out to save his marriage aided by Suzannah's best friend, Margo, a wisecracking divorcee and her ex-husband, Hank, who is in the midst of his own mid-life crisis. Their effort to stop Beth at any cost sets up the wildly funny climax in which things go uproariously wrong! Lunch will be served prior to the show. The Green Mill menu will include: Pulled Pork with Jim Beam Barbecue Sauce, Baked Beans with Bacon, Potato Buns, Creamy Cole-slaw, Pickles, Buttered Sweet Corn, House made Kettle Chips, Chocolate Chunk Brownies, Coffee and Iced Tea. Vegetarian option is available upon request-Fettuccini Alfredo.

Date: Wednesday, May 1st

Time: Depart 10:15 am Return 5:15 pm

Location: Meet in the city parking lot by Dollar General

Cost: \$85

Deadline to register is **Wednesday, April 17th** or when full.

Amish Colony Tour – Harmony, Minnesota

Enjoy a spring day in beautiful southeastern Minnesota, experience a lifestyle where horse and buggy still provide the transportation, the home is lighted by kerosene lamps, and water is heated on a wood burning stove. We will have a personal tour guide take us on a tour through an Amish colony. As we travel through this beautiful countryside, you may see Amish farmers working in the fields with horses and their buggies tied to hitching posts in town. We will visit Amish farms where we may find items such as baskets, handmade furniture, quilts, baked goods and crafts; all likely to tempt you. We will also tour an Amish greenhouse, just in time for your summer selections.

Please remember if you wish to make purchases, the Amish accept cash or check only no credit cards.

Lunch will be at the Branding Iron in Preston where you can choose from batter fried cod, batter fried shrimp, ribeye pork chop or chick-kabob. The meal includes a potato, salad, bread, and a beverage. Fee includes step-on-guide, lunch, and motor coach transportation.

The deadline to register is Friday, April 26 or when full.

Date: Friday, May 17th

Time: Depart 10:00 am Return 5:45 pm

Location: Meet in the city parking lot by Dollar General

Cost: \$80

Deadline to register is **Friday, April 26** or when full.





Pine Island Baby Closet

Helping families with children
ages up to 15 months who can use
clothing, diapers, and formula

Looking for Help?

- Call the Baby Closet at (507) 356-4553, email at jen@piumc.org, or message at www.facebook.com/PIUMCBabyCloset
- Pick up your items in the front entry of the church
- Families can be assisted by the Baby Closet once a month

Our Location



Pine Island United Methodist
200 North Main Street
Pine Island, MN



Open hearts. Open minds. Open doors.
The people of The United Methodist Church™

Pine Island Winter Fest

Saturday, January 27th, 2024



Pine Island Winterfest is an annual all-day event the last Saturday of January. The day includes cross country skiing, snowshoeing, hiking, ice skating, movie, children's art projects, food and more.

The event is sponsored by the Pine Island Chamber of Commerce and the Pine Island Image Committee. www.pineislandmncchamber.com





Van Horn Library

Join your neighbors in reading our 2024 One Town One Title selection



Population: 485- Meeting Your Neighbors One Siren at a Time by Michael Perry

Copies of the book are available at the Van Horn Public Library and Pine Island City Hall starting 1/29 and continuing while supplies last.

Events:

1/27 @ 4pm - Book Distribution begins at Winterfest's Chili Feed (Golf Course)

2/5 @ 6:30pm - Local Author Panel. Jude Brogan, Catherine Eayrs, Cheryl Finnegan, Virginia Graham & Kate Laack all talk about what inspired them to become authors and share a little bit about what keeps them going. (High School Forum Room)

2/12 @ 6:30pm - Firefighter Panel. What kind of calls do our Pine Island Fire Department make & how do they cooperate with neighboring departments? (PI Fire Hall)

2/24 @ 11am - Pine Island Fire Hall Open House.

3/1 @ 7pm - Author Visit. Michael Perry comes to Pine Island for our program finale.

All events are free & open to the public.

Visit our website for program details: <https://pineisland.lib.mn.us/1t1t2024/>



1/25@ 5:30pm-Join us at South XSouthEast Brewing Co. for an adult spelling bee!

2/7 @ 6:30pm - Books and Brews. Discussion of Essays as a genre. (South x SouthEast Brewing Co.)

2/13 @ 10:30am & 2/19 @ 6:30pm - Book discussion. Come talk about the book with your friends & neighbors. (Library)

Books & Brews. Each month we discuss books from a given genre while enjoying a brew from SxSE! We will select a different genre each month, discuss what we read, and why we liked it. We'll start with an overview including its history, favorite authors, and important titles before sharing our favorites with each other. You're guaranteed to leave with a list of books to read! At South x SouthEast Brewing Co. We meet the 1st Wednesday of each month at 6:30pm. January 3 - Romance/February 7 - Essays/March 6 - Westerns

Book Club. Join us at the Library on the 2nd Tuesday of each month at 10:30am to discuss a different book each month! January 9: *The Second Mrs. Astor* by Shana Abé/February 13: *Population: 495* by Michael Perry/March 12: *A Psalm for the Wild-Built* by Becky Chambers

Get your littles started on the right foot with our Storytime and Music & Movement programs!

Experiencing words and letter sounds by hearing books read aloud, singing songs, and tying words to actions and movements helps prepare young children to learn to read by building their vocabulary and letter/word-sound knowledge. Recommended for ages birth to 6 years.

Storytime - every Wednesday morning at 10am, February 7th-April 24th

Music and Movement - Every other Friday morning at 10am, February 9th-April 26th

Snack Attack Book Club - 2nd Tuesday of each month, 3:30-4:30pm 1/9, 2/13, 3/12, 4/9, and 5/14

Join Van Horn Library's new Choose-Your-Own-Adventure book club! Over the course of the school year, we will read 9 choose-you-own-adventure books during this after-school program. Enjoy snacks as Ms. Heidi reads a book aloud each month; participants who read all 9 books will receive a prize pack - including a free book!

Recommended for ages 8-12. You need not attend every session to earn a prize pack. Contact the library for more details.



History Center

The Pine Island Area History Center

314 North Main

www.pineislandhistory.net



The Mission of the Pine Island Area History Center shall be the collection, preservation and dissemination of knowledge about the history of the Pine Island, Minnesota area and to relate that history to that of the State of Minnesota.

During the months of March - December we are open each Monday morning from 9 - 11:30 and the first Sunday of the month from 1:00 - 3:30. We are open by appointment only in January and February. We will resume our regular hours beginning Monday, March 4th (9-11:30 AM).

Please note: We are always open to anyone scheduling an appointment. Please call Doris at 507-398-5326 or Bill at 507- 251-4511 when you would like to visit the History Center during off hours. The History Center's voice mail will not be monitored during January. There is no admission charge. Free-will donations appreciated.

For those interested in the history of the Pine Island area and/or those doing genealogy we may have information of interest to you. We have an index compiled by Roy Hoffman of articles that appeared in the local papers from 1882-2000; many hundreds of obituaries; family histories; cemetery map and information; some Mahler's death records; area church information; yearbooks; school information; plat books; telephone directories; photos; etc.

We invite you to come in and spend an hour or two perusing the information on file and seeing the collectibles on display.

The Pine Island Area Historical Society is a non-profit 501(c) (3) organization established in 1998. In 2005, the Society purchased the Collins-Glamm house for the purpose of establishing a History Center.

Just for Seniors



Pine Island Senior Citizens Programs

109 3rd Street S.W. P.O. Box 566
Pine Island, MN 55963 507-356-2228

Senior Citizens Meeting

Held the 1st Wednesday of each month at 12:00pm following the senior dining (see SEMCAC). Area Seniors welcome.

The center is available to use for celebrations and meetings. Call Anna at 356-8441 for details and information.

SEMCAC Senior Dining

The Senior Dining Program is a great place to have a hot, nutritious meal with some diet alternatives. Everyone age 60 and over, including their spouse of any age, is eligible. Donations are accepted. No one is denied a meal if unable to donate. Reservations are required one day in advance. Please call 356-2228 for information and reservations.

Senior Aerobics

All area seniors are encouraged to join the aerobics program. Movement, music, and laughter make exercise more pleasant. Join the fun and stay healthy. **When:** 9:30am Friday **Where:** Senior Center

Senior Craft Group

Area senior citizens interested in crafts and quilting are invited to join the busy, fun group. Quilts are made for charities and for sale. The group recycles greeting cards and works on a variety of other craft projects, which are for sale at the Senior Center.

When: 1:30-4:00 pm every Thursday **Where:** Senior Center

The Memory Café

A great place for information about memory loss and care giving. Treats and coffee provided. Call Marie at 507-259-0613 for information.

Holiday Party

Be on the lookout for information coming out about our "Holiday Party" which will take place in January 2024! More information will be made available as we get closer to the date.



Just for Seniors



Pine Island Area Home Services

A Living at Home/Block Nurse Program

109 3rd Street, P.O. Box 566

Pine Island, MN 55963

Phone: 356-2999

Web site: www.pineislandareahomeservices.org

Facebook Page: www.facebook.com/pineislandareahomeservices

Pine Island Area Home Services provides volunteer services to promote independent, home-based living for adults 65 and older in the Pine Island and Oronoco area.

Current and Ongoing Services are as follows:

Transportation: Transportation services are provided by our volunteer drivers. Please call PIAHS office 507-356-2999 to request transportation. There is always a need for more volunteer drivers. If you're interested in volunteering as a driver, please call 507-356-2999. Your help would be greatly appreciated.

Interactive Dog and Cat: Come meet Murphy & Pearl, PIAHS interactive pets. They provide companionship, reduce loneliness and isolation often experienced by seniors. Murphy and Pearl are available to check out and bring home. Please call 356-2999 for more information.



Exercise Classes: This popular class incorporates weights, resistance bands and exercise balls. Tuesday and Thursday 9:30-10:30 am, PI Senior Center Wednesday 9:00-10:00 am, Oronoco Community Center

Chair Yoga: This class uses gentle yoga poses while sitting in a chair or using a chair for support. Monday 9:30-10:15 am, PI Senior Center Wednesday 10:00-11:00 am. Oronoco Community Center

Aerobics: This class incorporates low-impact movements, flexibility, and light cardiovascular movement. Friday 9:30-10:15 am, PI Senior Center

Chair volleyball: Modified volleyball adapted to be played while seated in chairs. Emphasizes hand-eye coordination, gentle movements and teamwork. Monday 1:00-2:30 pm, Saint Paul Lutheran Church

Foot Care Clinic: A foot care clinic is provided the 2nd Tuesday and Thursday each month 9:00-11:30 am. An \$18 fee is paid directly to the nurse. Call Pine Island Area Home Services at 356-2999 to set up an appointment. In-home appointments are available for seniors having difficulty leaving home.

Blood Pressure Clinics (open to anyone)

You are welcome to have a blood pressure check at the following dates and locations:

- **2nd Tuesdays at 11:30 am** each month at the City Center in Pine Island.
- **4th Wednesday each month at 11:30am at the Oronoco Community Center** (Not held January thru March)

In-home blood pressure monitoring is available for elders having difficulty leaving home.

Adult Education/Coffee with a Cop



The Goodhue County Sheriff's Office, Area Home Services and Community Ed invites seniors to attend these informative, educational sessions. Coffee with a Cop is the coming together of Law Enforcement, Senior Citizens, and Community Groups to develop relationships and reduce victimization of seniors. The sessions' topics can vary greatly and include topics such as "avoiding scams", health care, etc. The group meets monthly on the last Wednesday of the month at 12:00pm.

OPPORTUNITIES



MANAGING CONCERNS ABOUT FALLS

If you are interested in participating in a "**Matter of Balance**" class, let us know. This award-winning program is designed to reduce the fear of falling and increase the activity levels of older adults who have concerns about falls. Matter of Balance classes are taught in eight 2-hour sessions. We would need at least 6 people interested in the classes to provide the class. If you are interested in participating in a "Powerful Tools for Caregivers" please let us know.

-**Principles of "Powerful Tools for Caregivers"** focuses on you (the caregiver) and your needs/interests.

-**Tools** A tool is anything that helps us accomplish what we want to do.

-**Powerful** You can't control all of the situations life hands you, but you do have power to manage those situations and your reaction to them and to seek and find solutions.

Watch for future information on PIAHS Facebook page & on Channel 7.

ACCEPTING NEW MEMBERS



DUST OFF YOUR HORN AND JOIN US!

Zumbrota



Community Band

Practice Monday Evenings 7:00pm
Zumbrota Community High School Band Room

Contact: Andrea Sanders 507-358-3534
John Vettel 507-269-0499



This activity is made possible by the voters of Minnesota through a grant from the Minnesota State Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund.

PINE ISLAND SHARING SHELVES

OPEN EVERY WEDNESDAY

9:00 - 11:00 am

and

2ND AND 4TH TUESDAYS

5:30 - 7:00 pm

If you are in need of food for a day, a week or a month come and check us out. If you are in need of food you are eligible to shop. Emergency delivery service available.

We are a part of your community!

611 North Main Street, Pine Island
PISharingShelves@gmail.com • 507-722-1331

Easy to apply, no income eligibility requirements.

Please stop by to check us out!

We gratefully accept non-perishable grocery and monetary donations.

Pine Island
Sharing Shelves



For more information, email us at
PISharingShelves@gmail.com
or call 507-722-1331 and leave a message.

Monetary donations can be mailed to
PO Box 145 Pine Island MN 55963-0145

The Pine Island Sharing Shelves is an organization of community volunteers. The goal of the Sharing Shelves is to encourage good nutrition, provide food for those in need, provide food in emergency situations, and provide information about food assistance available through other agencies.

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. (Not all prohibited bases apply to all programs.)

PINE ISLAND



**SHARING
SHELVES** 

2023-24 School Calendar

| AUGUST 2023 | | | | | | |
|-------------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

- 17 Kick Start (optional)
- 21 New Staff
- 22 Teacher Work Day
- 23 Principal Led Day
- 24 All Staff Day
- 28 First Day for 7-12
- 28-30 Conf. for PK-6
- 28-30 PK-4 school pics
- 31 First Day of School for K-6

7 staff/4 student day

| SEPTEMBER 2023 | | | | | | |
|----------------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

- 1 5-12 Picture Day
- 4 Labor Day – No School
- 5 Preschool Starts
- 12 ECFE Transportation Night
- 15-17 Eco-literacy School
- 20 staff/20 student days

| OCTOBER 2023 | | | | | | |
|--------------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

- 9 HS At Risk Conf. 3:30 – 8pm
- 11-12 Early Child Screening
- 19 Early Release
- 20 Fall Break
- 26 ECFE Harvest Party
- 27 End of 1st Quarter
- 30 Teacher Work Day
- 21 staff/20 student days

| NOVEMBER 2023 | | | | | | |
|---------------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

- 6 Conf. K-8 4-8pm
- 7 Election Day-no mtgs
- 9 Conf. K-8 4-7:30pm
- 10 Veterans Day
- 22 Teacher Comp Day
- 23-24 Thanksgiving Break
- 20 staff/19 student days

| DECEMBER 2023 | | | | | | |
|---------------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | | | | | | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

- 2 Breakfast w/Santa
- 6 Early Release
- 23-31 Winter Break

16 staff/16 student days

- 1 Winter Break
- 2 School Resumes
- 12 End of 2nd Quarter
- 15 Teacher Work Day- NO SCHOOL
- 29 Registration 3:30-6:30pm grades 8-11
- 22 staff/21 student days

| JANUARY 2024 | | | | | | |
|--------------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

- 14 Early Release
- 19 No School/Potential make-up day
- 20 staff/20 student days

| FEBRUARY 2024 | | | | | | |
|---------------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

- 1 Kdgn Round Up
- 4 Conf. K-8 4-8pm
- 6-7 Early Child Screening
- 7 Conf. K-8 4-7:30pm
- 14 End of 3rd Quarter
- 15 Teacher Work Day
- 18-22 Spring Break
- 25 ECFE Easter Egg Hunt
- 16 staff/15 student days

| MARCH 2024 | | | | | | |
|------------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

- 1 Teacher Comp Day – NO SCHOOL/Potential make-up day
- 23 or 24 ACT Test for Juniors
- 26 Early Release
- 22 staff/21 student days

| APRIL 2024 | | | | | | |
|------------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

- 4 Prom
- 8 Awards Night
- 20 Activity Day
- 24 Last Day of School / Graduation
- 28 Teacher Work Day
- 29-30 Staff Development
- 21 staff/18 student days

| MAY 2024 | | | | | | |
|----------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

*Potential make-up days for K-11 May 28-30. Last teacher work day 5/31. If less days are required, last teacher work day will be adjusted accordingly.

- ★ Holiday
- 🌟 Teacher Work Day-No School
- 👤 No School
- 🍷 End of Quarter
- 🏆 Kick Start Option

- 👤 Teacher Comp Day- No School
- 👤 Staff Development-No School
- 🏆 Early Release
- 🌟 New Staff Work Day
- [Link to Concerts](#)*note dates could change

Registration Form



Pine Island Community Education Registration Form

This form is also found on the school website – www.pineisland.k12.mn.us
212 1st Ave SE Box 398
Pine Island, MN 55963
507-356-8876

Adult/Student

Name _____

Current Grade _____ Age _____ D.O.B. _____

Homeroom Teacher (during school year only) _____

Address _____

E-Mail Address _____

Phone _____

Trip/Activity/Date _____

Emergency Contact Information:

IT IS VERY IMPORTANT THAT WE HAVE ACCURATE EMERGENCY CONTACT INFORMATION.

Parent/Guardian _____

Telephone _____

Cellphone _____

Registration information: **Please make checks payable to Pine Island Community Education.** If Community Education cancels an activity, you will receive a refund.

**Please note some classes/camps/events have their own registration form.

Pine Island Public School
223 1st Ave. SE
PO Box 398
Pine Island, MN 55963

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