

# Hiawatha Valley League Constitution And Handbook



## TABLE OF CONTENTS

I.	CONSTITUTION	2
II.	HANDBOOK	4
	A. SPORTS ASSIGNMENTS	4
	1. Baseball	5
	2. Basketball B/G	8
	3. Cross Country	10
	4. Dance Team	12
	5. Golf B/G	14
	6. Soccer B/G	16
	7. Softball	18
	8. Track & Field B/G	20
	9. Volleyball	23
	10. Wrestling	25
III.	HVL All-Conference	27
	A. All-Conference Selection Process	28
IV.	Fine Arts	
	A. Honor Concert	32
	B. Vocal/Instrumental Clinic	35
	C. Speech	37
	D. One Act Play	38
V.	Fees	39

# CONSTITUTION

## 1. NAME AND PURPOSE

- 1.1. The name of this association is the HIAWATHA VALLEY LEAGUE (HVL). The purpose of the league is to provide, promote and administer a program for the youth of the schools of the HVL in the fields of Athletics, Fine Arts, and Academics.

## 2. MEMBERSHIP

- 2.1. The membership of the HVL consists of the following schools: Byron, Cannon Falls, Goodhue, Kasson-Mantorville, Lake City, Pine Island, Rochester Lourdes, Stewartville, and Zumbrota-Mazeppa.
- 2.2. Each member school is entitled to one vote. Simple majority approves a change in the Constitution. Any amendment to change the Constitution shall be sent to the committee prior to the annual meeting. The amendment will be discussed on the floor at the annual meeting. Ballot will be by email with a time limit of one month to reply.
- 2.3. Acceptance into the league will require two-thirds (2/3) approval of all member schools in the HVL.
- 2.4. The league sponsorship of an activity requires a majority (50%) of the member schools sponsoring said activity. If the 50% majority criteria are not met, then a 2/3 vote will be needed.

## 3. ORGANIZATION, POWERS AND DUTIES, MEETINGS

### 3.1. COMMITTEE ORGANIZATION

- 3.1.1. The committee shall consist of six (6) members (2021)
- 3.1.2. Membership will include - Superintendent, Principal, Athletic Director, Fine Arts/Academic, Head Boys Coach and Head Girls Coach. (2021)
- 3.1.3. Selection of each school's representative shall be appointed by that individual school under the following rotation: (2021)
  - 2018-19 – Stew, Cannon Falls, Byron (Prin, AD Gold, Fine Arts)
  - 2019-20 – LC, KM, KW, Goodhue (Superint, AD Blue, Boys, Girls)
  - 2020-21 – LC, KM, Goodhue (Superint,, Boys Rep, Girls Rep) \*Covid Repeat
  - 2021-22 – PI, ZM, Lourdes (Prin, AD, Fine Arts)
  - 2022-23 – CF, Stew, Byron (Superint, Boys Rep, Girls Rep)
  - 2023-24 – LC, KM, Goodhue (Prin, AD, Fine Arts)
  - 2024-25 – PI, Lourdes, ZM (Superint, Boys Rep, Girls Rep)
  - 2025-26 – Cannon Falls, Byron, Stew (Prin, AD, Fine Arts)
- 3.1.4. No member school may have more than one representative on the committee.
- 3.1.5. The term of office will be for a two (2) year term. No school can represent an activity if they do not have that activity.
- 3.1.6. The administrators of the HVL member schools (by vote at the annual meeting) determine the size of the committee.

### 3.2. POWERS AND DUTIES OF THE COMMITTEE

- 3.2.1. The HVL Committee shall be responsible for the immediate and general supervision of the HVL Handbook, planning and managing interscholastic activities of the HVL. However, the power to make changes in the constitution of the HVL shall not be within the authority of the committee.
- 3.2.2. The committee shall:
- 3.2.3. Set the dues for member schools each year. (\$1500 for 2022-23)
- 3.2.4. Call the annual meeting of the HVL in September.
- 3.2.5. Call meetings of the HVL members or special activity groups, as it deems necessary.
- 3.2.6. Furnish a report to all meetings to members of the HVL.
- 3.2.7. Employ a League Director
- 3.2.8. Keep accurate records of receipts and disbursements of the HVL funds and report annually the status of such funds to the members.
- 3.2.9. Determine salary of said position.
- 3.2.10. Approve any changes in the HVL Handbook that establishes the rules and conduct of intra school activities.
- 3.2.11. Fill vacancies that may occur on the committee by appointing a replacement.
- 3.2.12. Perform such other duties as may properly come before the committee.

### 3.3. MEETINGS

- 3.3.1. Annual membership meeting to be held in September to develop plans for the conduct and welfare of the HVL.
- 3.3.2. Special meetings as such meetings may be called at the discretion of the committee.
- 3.3.3. Committee meetings - such meetings may be called by the chairman and any two members thereof.
- 3.3.4. Administrators, Athletic Directors, Fine Arts/Academic and Coaches may meet as often as needed to discuss problems pertaining to the league and other topics.

## 4. ADMISSIONS AND PASSES

### 4.1. ADMISSION PRICES

- 4.1.1. Will be recommended by the committee and voted on by member schools. Maximum: Seven (7) dollars Adults; Five (5) dollars Students (2022).
- 4.1.2. Admission for the HVL Championship contests (Honors Concert, Dance, and Track & Field) is set at \$8.00 for Adults and \$5.00 for Students (2021).

### 4.2. PASSES

- 4.2.1. Each school will be issued 10 passes to HVL contests.

### 4.3. PROMOTIONAL ITEMS

- 4.3.1. Any promotional item promoting the Hiawatha Valley League must be sanctioned by the Committee.

### 4.4. GRACE PERIOD

- 4.4.1. STATE PLAYOFF
- 4.4.2. A school that makes the state playoff in any sport may have a maximum of 12 calendar days before they play their first conference game. The first calendar day to be the day after the team is eliminated.

# HANDBOOK

## SPORT ASSIGNMENT BY MEMBER SCHOOLS ATHLETIC DIRECTOR AS CHAIRPERSON

Administrators	Executive Secretary
Baseball	Kasson-Mantorville
Basketball - Boy/Girls	Goodhue
Cross Country	Lourdes
Dance Team	Lake City
Golf - Boys/Girls	Coaches/Zumbrota-Mazeppa
Soccer	Byron
Softball	Stewartville
Track and Field	Lourdes
Volleyball	Pine Island
Wrestling	Lake City

**Note:** Executive Secretary may help where needed.

It shall be the responsibility each School/HVL Athletic Director/Activities Director to post their most current roster to the MSHSL website and current schedules to the HVL website

**Division Split - the League must have a minimum of 10 schools/teams to allow for division play. (2021)**

# **BASEBALL**

The National Federation Baseball rules govern all contests involving schools in the HVL except as modified by the rules and applicable sections of the MSHSL Constitution and bylaws. Seven inning games except in case of ties.

## **1. BALL - BAT**

- 1.1. The ball used in conference games shall be The Diamond Di Pro or Rawlings (R100HSNF model) (2011). The home team will supply game balls for doubleheaders.(2008) . Starting with the 2013 season - all levels of baseball in the Hiawatha Valley Conference need to use BBCOR baseball bats. This would cover Varsity, JV, C-Team, and Jr. High levels of play. They may also use wood bats for any of these levels (2012).

## **2. GAME REGULATIONS**

- 2.1. Conference baseball games will be scheduled to be played at 5:00 p.m. for single games. For Doubleheaders – if school has lights -4:15 – if no lights 3:45. Game times (earlier or later) may be changed by mutual agreement of competing schools.
- 2.2. Will play a 12 game schedule. 8 conference games. 4 random draws. The first game played is considered the conference game (Feb. 2022).
- 2.3. Home team is to be finished with hitting and infield practice 15 minutes before game time.
- 2.4. Play all games whether (or not) they have a bearing on the conference championship. Note: In a worst case scenario where two teams cannot agree to play a game(s), the Executive Director will be called and a request will be made for a “neutral” three-person panel to determine whether a forfeit should be declared for the teams involved. The panel will consist of a Principal, Athletic Director, and a HVL Baseball Coach from different schools representing the HVL (but not from either of the teams involved in the dispute.) Their decision will be final and binding on all parties involved.

## **3. POSTPONEMENTS**

- 3.1. On scheduled dates - first attempt to travel to your opponent's site, weather permitting. If this is not possible it should be the first date mutually agreed upon. If make-up attempts result in doubleheaders, the double header should be at the site of the second scheduled single game.

## **4. INCOMPLETE OR SUSPENDED GAME - as per the rules set forth by MSHSL (2007)**

- 4.1. **REGULATION GAME:** It is a regulation game if: (a) five full innings have been played, or if the team second at bat has scored an equal or greater number of runs in four or four-and-a-fraction terms at bat than the opponent has scored in five terms at bat; or (b) if play has gone beyond five full innings.
- 4.2. In (b), the game is called when the teams have not had an equal number of completed terms at bat, the score shall be the same as it was at the end of the last completed inning; except that if the home team, in their half of the uncompleted inning, scores a run (or runs) which equals or exceeds the opponent's score, the final score shall be as recorded when the game is called.
- 4.3. **SUSPENDED GAME:** A non-regulation baseball game that has to be ended due to darkness, poor weather conditions, or other causes; or a regulation game that is ended due to darkness, poor weather conditions or other causes, with the score tied; shall be declared a suspended game. A suspended game shall be continued from the point of suspension at a later time. The lineup and batting order of each team shall be exactly the same as the lineup and batting order at the moment of suspension, subject to the rules governing the game. **NOTE: This is in effect for all games both regular season and postseason.**

## **5. CONFERENCE VS NON-CONFERENCE**

- 5.1. If the only open date for a conference game is on a non-conference-scheduled night, the conference game takes precedence, and the non-conference game gets rescheduled.

## **6. ALL-CONFERENCE SELECTIONS**

- 6.1. 23

## **7. OFFICIALS**

- 7.1. There shall be two registered officials. The Athletic Director will notify the officials of the starting time for their home games.

## **8. PRESS**

- 8.1. Host schools will report the game results to sports score central and to their usual media outlets. If the visiting school wishes any coverage beyond that of the host school they supply the host school with the names and numbers for said coverage.

## **9. AWARDS**

- 9.1. A trophy will be awarded to the team Champion. Individual medals shall be awarded to each member of the Official Squad as recognized on the postseason roster (2022).

## **10. ARRIVAL TIMES**

- 10.1. Teams are not to be excused from classes (home or away) to arrive at the field sooner than one hour before game time. The home team will take infield first followed by the visiting team at approximately 15 minutes before game time.

## **11. JV and C SQUAD GAMES**

- 11.1. JV squads will be made up with players 11<sup>th</sup> grade and down, the exception would be seniors and or exchange students who are participating for the first time and C squads will be made up with players 9<sup>th</sup> grade and down (2009).

## **12. JR. HIGH BASEBALL RULES**

- 12.1. The first game will not start any earlier than 20 minutes after the visiting bus arrives so that the visiting team has adequate time to warm-up.
- 12.2. 7<sup>th</sup> grade will play first
- 12.3. Each game will be 5 innings or an hour and 30 minutes in length, whichever comes first. If the length of the game is changed, it must be mutually agreed upon by both coaches. The inning can be completed if it is started before the end of the playing time, but no new inning can start if the hour and 30 minute time

- limit is up.
- 12.4. 55' pitchers mound and 75' bases.
  - 12.5. Besides these particular rules set up, follow the MSHSL rules.
  - 12.6. Double headers are encouraged for each grade when possible. Each game of the double header would be one hour and 15 minutes (2011) in length. The inning can be completed if it is started before the end of the playing time.
  - 12.7. Bat size – lightest bat for 7<sup>th</sup> grade should be -5, lightest bat for 8<sup>th</sup> grade -3 (2007)
  - 12.8. 7<sup>th</sup> graders may use -5 BBCOR or USA or USSSA bats for 7<sup>th</sup> grade games, but if an 8<sup>th</sup> grader is playing in a 7<sup>th</sup> grade game, due to player shortages for the 7<sup>th</sup> graders, they must use -3BBCOR bats. If a 7<sup>th</sup> grader plays in the 8<sup>th</sup> grade game, they would have to use the -3 bats. Any BESR bat is illegal and should not be allowed. (2014)



# **BASKETBALL: BOYS & GIRLS**

## **1. RULES**

- 1.1. The National Federation Basketball Rules for the current year shall govern all games between conference schools along with modifications.

## **2. BALL**

- 2.1. The ball used in conference games shall be an official top grade ball with the wide seam. The home team will provide guests with seven (7) good warm-up balls.

## **3. SHOT CLOCKS**

- 3.1 Shot clocks will be used for JV and Varsity games, provided facilities and certified officials allow for it (2023).

## **4. STARTING TIMES**

- 4.1. C Squad-4:30 p.m. or a time mutually agreed upon with competing schools. JV warm up for at least 12 minutes, can be shortened by mutual agreement, game not to start before 5:45 p.m. (2010). "A" game twenty minutes after "JV" squad but no sooner than 7:15 (2009) with a ten (10) minute halftime. C and JV squad games will play sixteen (16) minute halves (2005) with a five (5) minute halftime for C and a seven (7) minute half time for JV. If C and JV are played at 5:30, varsity will follow in 20 minutes after the JV game but no sooner than 7:00 (2008). Overtime length for C squad is 3 minutes. If tied after 2 overtimes, then sudden death (2020). JV overtime is 4 minutes.

## **5. OFFICIALS**

- 5.1. Three (3) (2021) registered officials with MSHSL shall be hired by the host school for both Varsity and JV games. (Exception if there is a shortage of available officials).

## **6. SCORERS**

- 6.1. The official scorer and timer for the Varsity game must be a responsible individual. It is recommended that the official scorer wears a black and white striped garment and his or her location is clearly marked. The home team will provide one space for the guest scorer at the official table.\

## **7. POSTPONEMENTS**

- 7.1. Under no circumstances will any school ask its opponent to postpone or reschedule a contest except in the event of inclement weather. Emergencies other than inclement weather shall be handled by mutual agreement of both schools.

## **8. SCHEDULE**

- 8.1. Double Round-Robin (16 games) (2021)
- 8.2. All games played will count in the standings (2021)

## **9. AWARDS**

- 9.1. A trophy will be awarded to the team Champion. Individual medals shall be awarded to each member of the Official Squad as recognized on the postseason roster (2022).
- 9.2. In the event of a tie at the top of the standings all teams with same conference record are recognized as Conference Champions (2023).

**10. HUDL LIBRARY (2021)**

- 10.1. All schools are required to participate.
- 10.2. Games are to be posted within 24 hours of the contest
- 10.3. Only Conference games are to be posted. No requirement for Non-Conference.
- 10.4. Teams are banned from sharing film within the pool outside of the conference. Ie. If Caledonia calls and wants a film on Byron, teams that are part of the pool cannot share that film.

**11. JV and C SQUAD GAMES**

- 11.1. JV squads will be made up with players 11th grade and down and C squads will be made up with players 9th grade and down (2009).

**12. JR. HIGH BASKETBALL RULES**

- 12.1. All games will be 4 quarters; each quarter will be 8 (2011) minutes in length.
- 12.2. Half time will be 5 minutes in length.
- 12.3. Teams are allowed to play any defense at any time (no press when up by 15 points) (2021).
- 12.4. Two timeouts per half. 1 timeout per overtime (no carry over from second half).
- 12.5. Overtime: 2 minutes in length. If tied after 2 overtimes, then sudden death.
- 12.6. If the host school has two gyms and plays 7th and 8th at two sites Two games for each grade level may be held. The first game played will be the B team (less skilled players) followed by the A game (more skilled players).

# **CROSS COUNTRY BOYS AND GIRLS**

## **1. RULES**

- 1.1. The National Federation Rules as found in the track and field guide will govern all league meets except as modified by the MSHSL.
- 1.2. The HVL meet will have three (3) heats. (Girls JV 5,000 meters, Boys JV 5,000 meters to be run at same time). The first heat will be JV Boys and Girls. The second heat will consist of the seven (7) designated A squad girls from each school. The third heat will be the seven (7) designated boys A squad from each school.
- 1.3. Total points by the first five (5) individuals from each school will be the team score. Standings will be determined on a point basis determined by the number of schools participating. In case of a tie, national point distribution rules apply.

## **2. SCHEDULE**

- 2.1. The HVL will host one meet per year for all HVL schools sponsoring Cross Country. The meet will be held on Tuesday of the week prior to the Section meet. The Wednesday following the scheduled Tuesday Conference Meet will be used as a back-up or make-up date if necessary. (2019).
  - 2.1.1. The rotation (rotation reset 2019):
    - 2022 Goodhue
    - 2023 Zumbrota-Mazeppa
    - 2024 Stewartville
    - 2025 Kasson-Mantorville
    - 2026 Lake City
    - 2027 Pine Island
    - 2028 Byron
    - 2029 Lourdes

## **3. STARTING TIME**

- 3.1. The league meet will start at 4:00 p.m. Teams may not be at the meet site before 3:00 p.m. (2016).

## **4. COURSE INFORMATION**

Race #1	4:00	Girls Junior Varsity
	4:05	Boys Junior Varsity
Race #2	4:45	Girls Varsity (7 members max)
Race #3	5:30	Boys Varsity (7 members max)

In case of inclement weather the meet manager can change the order of the races, placing the JV race at the end of the meet (2008).

BOYS - the distance of the course shall be 5000 meters for A squad and 5000 meters for JV squad.

GIRLS - the distance of the course shall be 5000 meters.

MAP - A map should be made available to member schools showing the course outlay.

COURSE CART - there will be a lead cart and a trail cart at the conference meet (2017)

## **5. MANAGER**

- 5.1. The manager of the HVL meet will be the Athletic Director or designee from the host school. The manager (from the host school) will be in charge of meet statistics.

## **6. COURSE MAP**

- 6.1. The meet Manager should send a course map and other information at least one week prior to the conference meet to the Head Coach and Athletic Directors of conference schools. This information packet should also include directions to the meet site.

## **7. OFFICIALS**

- 7.1. The manager of the meet (from the host school) shall arrange for scorers, timers and others necessary for the operation of the meet to be paid for by the HVL.

## **8. PRESS**

- 8.1. The manager (from the host school) will report the meet results to the Associated Press and to their usual media outlets. If the visiting schools wish any coverage beyond that of the host school they must supply the host school with the names and phone numbers for said coverage.

## **9. POSTPONEMENTS**

- 9.1. Under no circumstances shall a meet be postponed or rescheduled except in case of inclement weather. The host school shall make the determination and call the coaches of all schools regarding changes.

## **10. AWARDS**

- 10.1. A trophy will be awarded to the team Champion. Individual medals shall be awarded to each member of the Official Squad as recognized on the postseason roster (2022).

## **11. CONFERENCE MEET**

- 11.1. A fifteen-minute countdown procedure is to be used.

## **DANCE TEAM**

### **1. Rules**

- 1.1. The Minnesota State High School League Rules as found in the Dance Team Rules Book and Judging Mechanics will govern league competitions.

### **2. Divisions**

- 2.1. The HVL competition will have two divisions: Jazz and High Kick.

### **3. Schedule**

- 3.1. The HVL will host one competition per year for all HVL schools sponsoring a Dance Team. The HVL competition will be held 3 weeks prior to the State meet.
- 3.2. The HVL will host a Varsity and JV Jazz competition in December (2023).
- 3.3. The HVL will host a Varsity and JV High Kick competition in January (2023).

### **4. HVL Dance Rotation: (new rotation est. 2022)**

<u>Jazz and High Kick Championships</u>		<u>Jazz Rotation (2023)</u>	<u>High Kick Rotation (2023)</u>
2024	Stewartville (2,2,1)		
2025	Zumbrota-Mazeppa (2,2,1)	Goodhue	Cannon Falls
2026	Byron (2,1,1)	Stewartville	Kasson-Mantorville
2027	Lake City (2,1,1)	Zumbrota-Mazeppa	Goodhue
2028	Kasson-Mantorville (1,1,2)	Byron	Stewartville
2029	Cannon Falls (1,1,2)	Lake City	Zumbrota-Mazeppa
2030	Goodhue (1,2,2)	Kasson-Mantorville	Byron
2031	Stewartville	Cannon Falls	Lake City
2032	Zumbrota-Mazeppa	Goodhue	Kasson-Mantorville
2033	Byron	Stewartville	Cannon Falls
2034	Lake City	Zumbrota-Mazeppa	Goodhue

- 4.1.1. The Tournament rotation will stay as listed. Schools have the ability to opt out of the rotation due to facility limitations and/or conflicts. A one-year notice is required to opt out.
- 4.1.2. Any school/program hosting the Section meet may be allowed to miss their rotation.
- 4.1.3. Admission fee of \$10 for Adults and \$8 for Students (2023).
- 4.1.4. Notes for Jazz and High Kick JV/Varsity Meets (approve in 2024)
  - A. The host school will incur all expenses
  - B. Admission will be \$7 for Adults, \$5 for Students
  - C. Each school will pay a \$100 entry fee (the host school does not pay an entry fee)

### **5. Competition Rules**

- 5.1. Marking times will start at 4:30 pm and will be set based on geography to limit early class dismissal. Competition will begin at 7:15 (2009).
- 5.2. Marking times will be set according to start time with each dance routine allowed a maximum of five (5) minutes for marking.
- 5.3. Order of competition will be by random draw conducted by the tournament manager and according to MSHSL rules.
- 5.4. No team should be first or last in consecutive years.
- 5.5. Schedule for the competition and order of performance must be communicated no later than one week prior to the competition (2022)
- 5.6. Number of judges and fees must follow the MSHSL rules.
- 5.7. The host school shall hire a trainer to be present for marking and competition. Sound person must be a professional and have prior dance team competition experience.

## **6. Manager**

- 6.1. The manager of the HVL competition will be the Athletic Director or designee from the host school.
- 6.2. The manager is responsible for providing the next year's host school with all materials from that year's competition.
- 6.3. Marking and competition order and Sound person's name and address.

## **7. Awards**

- 7.1. A trophy will be awarded to the team Champion for Jazz and Kick. Individual medals shall be awarded to each member of the Official Squad as recognized on the postseason roster (2022).

## **8. Press**

- 8.1. The manager will report the competition results to the regional media outlets. If the visiting schools wish coverage beyond that of the host school they must supply the host school with the names and phone numbers for said coverage.

## **9. Postponements**

- 9.1. Under no circumstances shall a meet be postponed or rescheduled except in case of inclement weather. The host school shall make the determination and call the coaches of all schools regarding changes.

## **10. Varsity and JV SQUADS**

Varsity: Seniors and below      JV: Seniors and below

## **GOLF: BOYS & GIRLS**

### **1. RULES**

- 1.1. Summer rules will be played if at all possible. USGA and MSHSL rules will govern play. Any local course rules will be discussed the day of the meet. Any infraction of the rules will be dealt with in this order:
  - 1.1.1. Golf Coaches
  - 1.1.2. Local Club's Golf Professional
  - 1.1.3. Minnesota Golf Association (MGA)
  - 1.1.4. United States Golf Association (USGA)

### **2. BALL AND CLUBS**

- 2.1. USGA Rules govern.

### **3. SCHEDULE**

- 3.1. The following 7 programs will compete in one division:

Byron	Kasson-Mantorville
Cannon Falls (Randolph coop for Girls)	Rochester Lourdes
Lake City	Stewartville
Pine Island-Zumbrota-Mazeppa	
- 3.2. There will be three (3) 18-hole conference meets for the Varsity and JV Boys and Girls. These meets will be scheduled to **start at 2:00 pm (2022).**
- 3.3. Addition of a conference golf rain date if one of the 3 conference regular scheduled dates has a weather cancelation  
**RAIN DATE: The reschedule date will be determined by the host AD.**

### **4. TEAMS**

- 4.1. Each team is to consist of six (6) designated golfers, four (4) of whom will figure in the team scoring.
- 4.2. For the 3 HVL matches schools can use a maximum of 8 players (2018).

### **5. OFFICIALS**

- 5.1. One scorekeeper (Bill Glonski – Boys and Girls) shall be hired to computerize the results of each meet in their division, the conference meet and all-conference standings. They shall each be paid \$200 for the season. At the conclusion of each triangular match and within one day, the host school will fax or e-mail the individual and team results to the appropriate score keeper.

### **6. SCORING**

- 6.1. Total strokes by the top (4) individuals from each school will be the team score. The Conference Champion will be determined after 72 holes of triangular and tournament play by the fewest total strokes over par. Both individual and team scoring will be carried out based on adjusted course ratings.

7. **PRESS**

- 7.1. Host schools will report the meet results to sport score central and to their usual media outlets. If the visiting schools wish any coverage beyond that of the host school, they must supply the host school with the names and phone numbers for said coverage.

8. **AWARDS**

- 8.1. A trophy will be awarded to the team Champion. Individual medals shall be awarded to each member of the Official Squad as recognized on the postseason roster (2022).

9. **SITE FEES**

- 9.1. 3 HVL Varsity matches. Schools will pay the host school a fee designated by the host golf course (2023). The host school will pay the host course (2021). This price should include range balls.

10. **COACHES MEETING**

- 10.1. At each conference meet there will be a coaches meeting 30 minutes after the scheduled start of the meet. This meeting will take place in the clubhouse and the agenda will include any appeals, an overview of the past season and an anticipation of the future season.

11. **SOFT SPIKES**

- 11.1. Soft spikes are **required** at all HVL Golf Meets.

12. **VARSITY and JV**

- 12.1. Both Varsity and JV should include seniors down to 7<sup>th</sup> grade



# **SOCCER: BOYS & GIRLS**

## **1. RULES**

- 1.1. The NFHS Soccer for the current year shall govern all games between conference schools along with the MSHSL modifications.

## **2. BALL**

- 2.1. The ball used in conference games shall be an official NFHS approved ball sanctioned by the MSHSL.

## **3. STARTING TIMES**

- 3.1. Varsity games with lights will start at 7:00 p.m. and varsity games without lights will start at 5:00 p.m. Sub-varsity games may begin at a mutually agreed upon time.

## **4. OFFICIALS**

- 4.1. A minimum of two MSHSL registered varsity officials is required. Three officials are strongly preferred. One MSHSL registered official is required for junior varsity. MSHSL registered officials are not required for junior high games. Two ball handlers are required.

## **5. SCORERS**

- 5.1. The official scorer for the varsity games must be a responsible individual. The home team will provide 1 space for the visiting team scorer at the official table.

## **6. ROSTER**

- 6.1. It shall be the responsibility of each school to send a current squad roster to all conference opponents. The roster shall include name, number and grade.

## **7. POSTPONEMENTS**

- 7.1. Under no circumstances will any school ask its opponent to postpone or reschedule a contest except in the event of inclement weather. Emergencies other than inclement weather shall be handled by mutual agreement of both schools.

## **8. AWARDS**

- 8.1. A trophy will be awarded to the team Champion. Individual medals shall be awarded to each member of the Official Squad as recognized on the postseason roster (2022).

## **9. SCHEDULE**

- 9.1. The schedule will consist of a single round format. (2005)
- 9.2. No conference games will be scheduled the week of Sectional playoffs. (2007)

**10. PRESS**

- 10.1. Host schools will report the meet results to the MSHSL site and to their usual media outlets. The visiting school will be responsible for calling in their score to their media outlets. (2011)

**11. GAMES**

- 11.1. There will be no overtime in junior varsity games. Both teams will sit on the same side during games with the spectators on the opposite side of players, unless it is in a stadium setting.

**12. JV and C SQUAD GAMES**

- 12.1. JV squads will be made up with players 12th grade and down and C squads will be made up with players 10th grade and down and Jr High will be 7<sup>th</sup> and 8<sup>th</sup> graders only. (2009)

# **SOFTBALL**

## **1. RULES**

- 1.1. The National Federation Softball Rules govern all contests involving schools in the HVL, except as modified by the rules and applicable sections of the MSHSL Constitution and by laws. Seven inning games; except in case of ties.

## **2. BALL**

- 2.1. The ball used in conference games shall be an official top grade ball.

## **3. GAME REGULATIONS**

- 3.1. Conference softball games are scheduled to be played at 5:00 p.m.  
**Note:** The time for all games may be different (earlier or later) by mutual agreement of the two competing schools.
- 3.2. A single round 8 game schedule.
- 3.3. One conference champion, if tied multiple trophies.
- 3.4. Home team is to be finished with hitting and infield practice 15 minutes before game time
- 3.5. When teams play more than once in the regular season, the 1st game played is considered the Conference game. Regardless of the location of the game, the home team will remain the same as the initially scheduled conference game (visiting team may be the home team). Consideration should be given to the home team to host (2023).

## **4. OFFICIAL GAME**

- 4.1. If a game is suspended and will affect who wins the championship, it must be completed. A suspended game will only be a game that has gone 5 innings and is tied. A game not going 5 innings will be started from the beginning.

## **5. POSTPONEMENTS**

- 5.1. The makeup date will be the first date mutually agreed upon, the game would be made up at the end of the schedule if it has a bearing on the Conference Championship

## **6. OFFICIALS**

- 6.1. There shall be two registered officials. The Athletic Director will notify the officials of the starting time for their home games.

## **7. PRESS**

- 7.1. Host schools will report the game results to sports score central and to their usual media outlets. If the visiting school wishes any coverage beyond that of the host school they supply the host school with the names and numbers for said coverage.

## 8. AWARDS

- 8.1. A trophy will be awarded to the team Champion. Individual medals shall be awarded to each member of the Official Squad as recognized on the postseason roster (2022).

## 9. ARRIVAL TIMES

- 9.1. Teams are not to be excused from classes (home or away) to arrive at the field sooner than one hour before game time.

## 10. JV and C SQUAD GAMES

- 10.1. JV squads will be made up with players' 11<sup>th</sup> grade and down and C squads will be made up with players 10<sup>th</sup> grade and down (2009).

## 11. JR. HIGH SOFTBALL RULES

- 11.1. Either team will play first when the teams are playing back to back as agreed upon by ADs  
11.2. The first game will not start any earlier than 15 minutes after the visiting bus arrives so that the visiting team has adequate time to warm-up.  
11.3. Each game will be 7 innings or an hour and 30 minutes in length, whichever comes first. The inning can be completed if it is started before the end of the playing time, but no new inning can start if the hour and 30 minute time limit is up. If the length of the game is changed, it must be mutually agreed upon by both coaches. (Please refer to the Chart below).  
11.4. 40' pitcher's mound and 60' bases.  
11.5. A team is limited to scoring 6 runs maximum per inning. The trailing team will bat in the last inning regardless of the score. 7<sup>th</sup> and 8<sup>th</sup> grade teams may steal all bases including home.

## 12. 7th Grade Specific Rules:

- 12.1. Runners may score on passed balls and wild pitches 3 times per inning as part of your 6 run max. (2014).  
12.2. Each batter in the 7<sup>th</sup> grade game begins with an 0-0 count (2018).  
12.3. Besides these particular rules set up, follow the MSHSL rules.  
12.4. Double headers are encouraged for each grade when possible. Each game of the double header would be one hour and 15 minutes (2011) in length. The inning can be completed if it is started before the end of the playing time.  
12.5. Coaches are allowed to bat the entire bench and then play any 9 of those in the field from start to finish. This is optional, but if utilized must be declared by that coach at the beginning of the game (2012).

GAME FORMAT	Time	Notes
Doubleheader	1 hr. 15 mins.	2 games played against the same team
Back to Back	1 hr. 15 mins.	7th grade game and 8th grade game played after one another on the same field.
Side by Side	1 hr. 30 mins.	7th grade game and 8th grade game played on adjacent fields.

# **TRACK AND FIELD: BOYS & GIRLS**

## **1. RULES**

- 1.1. The track and field rules adopted by the National Federation of High School Athletics will prevail, except as amended by the MSHSL.

## **2. MEETS**

- 2.1. There will be a conference meet for boys and girls.

## **3. CONFERENCE MEET**

- 3.1. The HVL conference meet will be a one day meet held on the 2<sup>nd</sup> Saturday before the sub section meets. (2009)
- 3.2. Starting times: 9:00 am (2023) Coaches meeting, 10:00 am Field events and 11:00 am Running events (2021).
- 3.3. Rain date will be set for the following Monday. Start time for the rain date will be 12:30 (2010)
- 3.4. Should inclement weather force a postponement of the Conference Meet to the rain date, the games committee will (2013) cancel performances from incomplete events and restart the competition (s) from the beginning. Preliminary competitions that have been run through to their entirety shall be considered to be completed events (2011).
- 3.5. Coaches are allowed on the infield during the HVL meet. Athletes will only be allowed to be in the infield when warming up (2019).

## **4. SITE ROTATION:**

2023	Kasson-Mantorville
2024	Lake City
2025	Byron
2026	Stewartville
2027	Pine Island
2028	Cannon Falls

## **5. PRESS**

- 5.1. The host school is responsible for reporting the meet results to the Associated Press and to their usual media outlets. If the visiting schools wish any coverage beyond that of the host school they must furnish the host school with the names and numbers for said coverage.

## **6. WORKERS**

- 6.1. The HVL will hire the manager, starter (Standard rate of pay), assistant starter (2009) stager scorer, Clerk of Course, field event workers, curve judges and exchange zone judges. Member schools will be responsible for supplying three (3) qualified adult workers for each meet (2022). It is the responsibility of the Athletic Director to secure the workers from their school. Coaches will serve on the rules committee as designated by the meet manager. The manager will keep a complete set of results and update the record sheet and pass it on to the Executive Director and next year's meet manager.

## **7. TIMING**

- 7.1. The host school is responsible for securing FAT timing. The Manager's fee will remain as stated on the

fee schedule. Schools that have their own timing system will be compensated for the use of their system. (2013)

## **8. ENTRY SHEET AND INFORMATION**

- 8.1. Seeding will be done over the internet. Entries are to be sent online using a contract provided by the host school, by the **Thursday (2023)** before the conference meet (2016). Schools are limited to three (3) entries per event.

## **9. SCORING**

- 9.1. The scoring of the HVL Meet shall be nine (2013) places, 1st-12, 2nd-10, 3rd-8, 4th-6, 5th-5, 6th-4, 7th-3, and 8th-2, 9<sup>th</sup>-1 (2009)

## **10. SCRATCHES**

- 10.1. Scratches may be made up at the coaches meeting. Any contestant scratched from one event is scratched from all open events; this includes field events. They are, however, eligible for any relay team. "If an athlete is absent from the conference meet, another athlete can replace that person in the open event(s) that the absent person was to be in." This substitution policy follows that of the MSHSL.

## **11. PRELIMINARIES**

- 11.1. All races will be seeded with no preliminary. There will be finals in the throwing and the horizontal jumps. The participants will be seeded into flights with the best seeds going first in the first flight. The best performers in the prelims will go last in the finals.

## **12. ORDER OF EVENTS**

- 12.1. Events are to follow the format as set by the National Federation Rule Book as to both order and scoring. (Except that the 3200-meter relay will be the first event for the boys).

## **13. FIELD EVENTS (2013)**

- 13.1. Throwing events will be flighted and the horizontal jumping events will be cafeteria style (2005).  
13.2. Starting heights for conference meets:  
4'4" Girls High Jump  
5'2" Boys High Jump  
7'0" Girls Pole Vault  
9'0" Boys Pole Vault  
**NOTE:** The rules committee may raise or lower the starting heights each year at their discretion  
**2 days prior. (2022)**

## **14. AWARDS**

- 14.1. Team trophy will be awarded to the team champion.  
14.2. Three (3) medals will be awarded to the champion team for coaches and a manager.  
14.3. Medals awarded to places one through three and ribbons awarded to places four through eight.  
14.4. In case of ties, duplicate medals will be awarded.  
14.5. If there are wheelchair entrants, they are able to receive HVL awards.

**15. JUNIOR HIGH**

- 15.1. Standardized Heights and Weights for Jr. Hi. Track meets.
- 15.2. Girls shot – 6 lbs. Boys shot 4K.
- 15.3. Girls 100 hurdles – 30" Boys 110 hurdles – 33"
- 15.4. Girls and Boys will run the 200 hurdles at 30" 5 hurdles (2008)
- 15.5. Addition of a HVL JH meet the 3rd Thursday of May. Fees will be set based on cost of Awards, Timing System and Officials.

Rotation:

Lake City - 2023  
Pine Island - 2024  
Stewartville - 2025  
Byron - 2026  
Kasson-Mantorville - 2027

# **VOLLEYBALL**

## **1. RULES**

- 1.1. The National Federation Volleyball Rules for the current year shall govern all games between conference schools along with MSHSL modifications.

## **2. BALL**

- 2.1. The ball used in conference games shall be the Official MSHSL tournament Volleyball for all conference play (2019).

## **3. STARTING TIMES**

- 3.1. 7th, 8th and C Squad matches start at 4:45 pm (2022).  
7th, 8th and C Squad matches start at 4:30 pm (2023).
- 3.2. JV game at 6:00 pm (2019).  
JV game to 5:45 pm (2023).
- 3.3. Varsity game twenty five (25) minutes after JV game - not before 7:15 p.m. (2017)

## **4. OFFICIALS**

- 4.1. Two registered officials with the MSHSL shall be hired by the host school for both the Varsity and JV game. The line judges must be two (2) adults. (Post High School).

## **5. SCORERS**

- 5.1. The official scorer for the Varsity games must be a responsible individual. The home team will provide one space for the visiting scorer at the official table.

## **6. POSTPONEMENTS**

- 6.1. Under no circumstances will any school ask its opponent to postpone or schedule a contest except in the event of inclement weather. Emergencies other than inclement weather shall be handled by mutual agreement of both schools.

## **7. AWARDS**

- 7.1. A trophy will be awarded to the team Champion. Individual medals shall be awarded to each member of the Official Squad as recognized on the postseason roster (2022).

## **8. SCHEDULE**

- 8.1. Single round. The HVL scheduler will build and distribute a master schedule to each school annually. The second year of the schedule will be at opposite sites. The schedule will be rebuilt every two years.



9. **MEDIA**

- 9.1. Host schools will report the meet results to Associated Press and to their usual media outlets. If the visiting school wishes any coverage beyond that of the host school they must supply the host school with the names and phone numbers for said coverage.

10. **COMPETITION**

- 10.1. The following guide for teams is:  
C squads will be made up with players from grades 7 through 9 (2009).  
The JV team can be made up of players from grades 7 through 12 (2019).  
Varsity teams can be made up of players from grades 7-12.

11. **GAMES**

- 11.1. Play best of three C squad games. If a team goes ahead 2-0, play a 3<sup>rd</sup> game until no later than 5:45 pm (2022).  
Play 3 games at the C level. 3rd game to 15 (2023).  
\*Depending on the officials, game 3 may or may not be played with certified officials (2022).
- 11.2. Play three (3) JV games only if needed to determine the winner. Best of three (3). 3rd game to 15 pts (2021).

12. **WARM-UP**

- 12.1. Varsity: As per rules of the MSHSL guidelines (rules & policy manual) 4 minutes shared net, 6 minutes visitor net, 6 minutes home team net, 2 minutes visitor serving, 2 minutes home team serving. Line up at the end line National Anthem, intro non starters, starters visitor, intro non starters, starters home team. Libero to be announced as a starter.
- 12.2. Volleyballs will be available in between sets for teams to use to warm up (2019).

13. **JUNIOR HIGH VOLLEYBALL**

- 13.1. Junior High Volleyball games to be played at the same site. Start time 4:45 pm (2022). Start time 4:30 pm (2023). This would have all levels at the same opponent.
- 13.2. Play 1 ½ hours, finishing the last game that was begun prior to the time limit. Games will be played to 25 points rally scoring, must win by 2 points.
- 13.3. Depending on distance, all junior high teams will not play all teams in the conference. This will be decided on an individual basis. Conference teams are encouraged to play one another whenever possible.
- 13.4. Coaches will agree prior to the match on which skill level players will play in each game.
- 13.5. Net lowered to 7-4 feet if possible.
- 13.6. Serving line moves up to 25 feet. Let serves are playable.
- 13.7. No server in the 7<sup>th</sup> or 8<sup>th</sup> grade games will serve more than 5 in a row. After 5 successful serves the team must rotate or sub server out.

# **WRESTLING**

## **1. RULES**

- 1.1. The Official National Federation Wrestling Guide -High School Section will govern interschool meets unless modified by the MSHSL.

## **2. MEET REGULATIONS**

- 2.1. The Schedule – In the event a non-conference school is added to a dual meet to make a triangular, the host school will establish the competition order.
- 2.2. For a conference triangular, the host school will establish the order of competition while still accommodating the team traveling the furthest distance.
- 2.3. In all triangular competitions the host school should have the order posted on the HVL website schedule at the start of the season.
- 2.4. Start time for dual meet competition: JV 6:00 pm, Varsity no earlier than 7:00
- 2.5. Effort will be made to insure a school, in a given year, have a Friday night contest (2014)
- 2.6. Rotation for the HVL JV Invite: Goodhue 2023, Zumbrota-Mazeppa 2024, Cannon Falls 2025, Stewartville 2026, Kasson-Mantorville 2027. Lake City will join back in on rotation when not hosting the Section dance meet. Pine Island will join the rotation when the Section Girls meet does not conflict.
- 2.7. Fees for the HVL JV Invite will be set based on cost of Awards, Track Wrestling and Officials.

## **3. COMPETITION**

- 3.1. Seventh through 12<sup>th</sup> graders are eligible for Varsity Squad.
- 3.2. JV competition may include boys from grades seven through twelve. The JV squad weights will be the same as the Varsity except with the addition of 90, 95 and 100 pound weight classes.

## **4. WEIGH-INS**

- 4.1. Only certified scales will be used.
- 4.2. Weigh-ins will be held in an orderly manner.
- 4.3. The meet referee will conduct the weigh-in. In the event the meet referee is not present at the designated weigh-in time, the weigh-in will be conducted by the coaches. The meet manager or referee will arbitrate any disputed weight.

## **5. OFFICIALS**

- 5.1. A registered official with the MSHSL will be hired by the host school.
- 5.2. The home team will provide an official scorer. The home team will provide one space for the visiting scorer at the official table.

## **6. PRESS**

- 6.1. Host school will report the meet results to The Guillotine and the Rochester Post Bulletin (2010). If the visiting school wishes any coverage beyond that of the host school they must supply the host school with the names and numbers for said coverage.

**7. POSTPONEMENTS**

- 7.1. Under no circumstances will any school ask its opponent to postpone or reschedule a contest except in the event of inclement weather. Emergencies other than inclement weather shall be handled by mutual agreement of both schools.

**8. AWARDS**

A trophy will be awarded to the team Champion. Individual medals shall be awarded to each member of the Official Squad as recognized on the postseason roster (2022).

## HVL ALL-CONFERENCE

There seems to be no easy way to establish a number for the All Conference selections. Each sport wants the maximum number of selections for their own good reasons. There needs to be some guidelines for such things as pairing and sharing of teams, teams that drop or teams that are added to the conference, and sports that are changed at each school within the conference.

- The All-Conference policy should take into consideration two (2) things:
  - The number of teams competing in the sport (2019).
  - The number of people who participate simultaneously on the field or court of play.
- All Conference awards should be made only in sports in which 50% or more of the conference schools participate.
- If two or more schools form a Co-op they will count as one team (2019).
- Team sports will select their All-Conference at the end of the season by the coaches. Sports that are classified as team and individual or individual only will select All-Conference by the winning person in each class or event in the conference tournament.
- Any participant serving an MSHSL violation during the season of play cannot receive all-conference honors. Definition of season begins with the first day of practice through the last game/event. Fine Art activities season is from the time of selection through the concert.

Proposed formula: # of Teams (2007) X # of starters X N (.25)

The number of teams used in the formula will be determined each year by the number of teams that participate. EX. – if a team drops a sport for lack of players, the number will be reduced for that year.

Sport	VB	CC		Soccer	WR	WR (2023)	Base	Basket	Golf	Soft	T&F
		B/G		B/G	B	G		B/G	B/G		B/G
#Teams	9	9/9		7/7	8	8	9	9/9	7/7	9	8/8
#Starters	8	8 (2023)		12	14	13	10	6	7 (2022)	10	Top 2 ind; 1st relay
If N =.25	18	18/18		21/21	28	13	23	14/14	12/12	23	Or 12 total points

# ALL-CONFERENCE SELECTION PROCESS

## **SPORTS**

Volleyball	Basketball
Cross Country	Baseball
Softball	Golf
Track & Field	Soccer
Dance Team	Wrestling

## **PLAYERS SELECTED**

Volleyball – 18	Dance Team (see method of selection)
Cross Country - 16/16 (B/G)	Baseball 23
Soccer, Girls - 21	Golf – 11/11 (B/G)
Soccer, Boys - 21	Softball 23
Basketball – 14/14	Track & Field (see method of selection)
Wrestling – 30	

## **METHOD OF SELECTION**

### 1. VOLLEYBALL

- 1.1. All conference players awarded on the following basis:
- 1.2. First Place: 3 automatic All Conference selections
- 1.3. Second Place: 2 automatic All Conference selections
- 1.4. Third Place: 2 automatic All Conference selections
- 1.5. Fourth Place – Sixth Place 1 automatic all conference (2021)
- 1.6. The coaches would then vote on the other 8 at-large (2021) selections as an at large ballot. Coaches would submit all players that they feel are worthy of All Conference status and we would be the coach's choice for the remaining part of the All Conference team.
- 1.7. Following this process would give us leeway in choosing players by their ability; not what school that they come from. It is important to note that the vote may result in some schools not receiving an All Conference player.
- 1.8. All HVL Schools should have their Head Volleyball coach in attendance at this meeting to ensure their representation and vote. The vote would be taken the night of the meeting to ensure no confusion. The Athletic Director in charge of volleyball receives all conference information and gets it out to the media when the last conference team has completed their season.

### 2. CROSS COUNTRY

- 2.1. The first 18 place winners will be named to the all-conference team. Ties for 18th place will result in additional awards. If an athlete, who has been in Cross-Country all season, is absent from the conference meet for a valid reason, he or she can still make all-conference by a majority vote of the conference coaches. The hardship case shall be voted on by secret ballot. The coach making the request is responsible to present the reason in writing at the coaches meeting the day of the conference meet.
- 2.2. All Conference – the schools can release all conference winners but the tournament manager will release the full list of winners at the end of the season after the conference tournament.

### 3. SOCCER

- 3.1. Based on the formula, there will be 21 Boys and 21 Girls players selected to the all-conference team.
- 3.2. All-conference will be selected at the section 1A-seeding meeting and will be released the next day by the Lourdes boys and girls coaches.

1st	5 all conference	= 5
2nd	4 all conference	= 4
3rd,	4 all conference each	= 4
4th	3 all conference	= 3
5th	2 all conference each	= 2
6th	2 all conference each	= 2
7th	1 all conference	= 1
TOTAL		21

### 4. WRESTLING

- 4.1. A total of 28 all-conference wrestlers will be selected by the wrestling coaches following the completion of the dual meet season.
- 4.2. The first twenty-eight of these all conference selections will be selected, two from each of the fourteen (14) weight classes.
- 4.3. To be eligible for all-conference selection in a weight class a wrestler must have wrestled in five conference meets, with three matches at the weight class in which he is nominated.
- 4.4. An additional 2 individuals will be determined by each coach submitting his own candidates. The results will be based on coaches ranking ten opposing wrestlers. Each coach will rate ten opposing wrestlers on a one (1) to ten (10) scale. The wrestlers will receive 10 points for each first place vote they receive, 9 for every second place vote they receive and so forth down to one for every place vote they receive. The top ten individuals accumulating the most points will be the ten additional all-conference selections. If a tie results for the 10th place position a coach's vote will prevail.

4.5. Recognize up to 13 Girls for All-Conference using a criteria determined by the coaches (2023).

### 5. BASKETBALL

- 5.1. Vote to be done by conference = 14 players. All-Conference members, Coaches would have to vote for 12 individuals, not including their own. It would also include a Player of the Year starting 2017-2018. Coaches will have to rank a top 3 (or whatever the person in charge of tallying votes determines) (2017).  
Voting will also include a Boys and Girls Coach of the Year (2023).
- 5.2. If there is a tie for the last spot regarding the all conference team: if there are 2 tied give both a spot, if more than 2 , coaches will re-vote for the last spot among those who are tied, if still tied after re-vote give an award to all who are tied after the re-vote.
- 5.3. The Monday following the last conference game each coach should submit a list of their own candidates for the all-conference team to Lake City Head Coach for girls and Lake City Head Coach for boys.
- 5.4. After this list of all candidates is compiled, it will be sent to each head coach.
- 5.5. Head Girls Coach from Lake City and Head Boys Coach from Lake City will tally the votes and send a complete copy of the results to each coach.
- 5.6. Hardship a.- Senior only who misses significant time due to injury b. Decided by a yes/no vote on each individual brought forward.

## 6. BASEBALL

- 6.1. HVL All Conference selections get sent to Designated Head Coach (see rotation below in 8.3) by Friday of the week of the conference championship game. Nominations should be sent to all other teams' coaches by the date of the championship game. The Designated Coach will then send out the results to all coaches by the Monday following the championship game.
- 6.2. The coaches upon receiving all nominations will select 23 candidates exclusive of their own and send them to the designated coach. He will compile the all conference team and send it back to the coaches.
- 6.3. All conference (2013) - the all conference selection process rotates by school each year - 2022 PI, 2023 Lourdes, 2024 Stew, 2025 ZM, 2026 Goodhue, 2027 Byron, 2028 Cannon Falls, 2029 KM, 2030 Lake City All conference will be sent out formally to the media after the last team is eliminated, through the State Tournament. Individual schools can release it in their locale, ex. At their banquet, etc.

## 7. GOLF

- 7.1. All conference golfers will be identified by determining the average strokes over the course ratings.
- 7.2. To be selected for all conference honors, a golfer may miss 1 regular season date, must play in the Conference Championship (2022). Each score will count towards the golfer's average. A disqualification or a withdrawal will eliminate the golfer from All Conference consideration.
- 7.3. Based on the HVL's formula there will be 11 boys and 11 girls selected all-conference.
- 7.4. Any unusual circumstances may be appealed to a committee made up of all conference golf coaches. In this appeals process each school has one vote and the coach of the golfer in question does not have a vote. Therefore in any appeal there should be 6 votes cast (for, against or abstain). Majority rules, with a tie the appeal fails.(2007)

## 8. DANCE TEAM

- 8.1. All-Conference: members to be determined by their own school according to their place finish in the conference (2023).

1st Place: 3 selections	4th Place: 2 selections	7th Place: 1 selection
2nd Place: 3 selections	5th Place: 2 selections	
3rd Place: 3 selection	6th Place: 1 selection	

## 9. SOFTBALL

- 9.1. All-Conference: members to be determined by their own school according to their place finish in the conference.

1st	5 all conference	= 5	
2nd	4 all conference	= 4	
3rd, 4th	3 all conference each	= 6	
5th, 6th, 7th	2 all conference each	= 6	
8th - 9th	1 all conference each	= 2	TOTAL 23

- 9.2. All-Conference – records will be sent to the Zumbrota-Mazeppa Coach after each team's last conference game. No release to the media until after every team's season has ended. Individual schools can release it in their locale, ex. At their banquet, etc.
- 9.3. At the end of the season, coaches will submit their allotment of All-Conference picks + 1 potential At-Large pick. In the event a coach does not use their allotment of All-Conference selections, the group will fill the vacant allotment with the +1 potential At-Large nominee via a vote (2022).

## 10. TRACK & FIELD

- 10.1. All first place finishers (including relays) in the conference track meet will be all-conference and all 2<sup>nd</sup> place finishers in individual events in the conference track meet will be all-conference (2017). Any finisher who equals or breaks an existing conference record will be all-conference. A participant who scores 12 or more points at the conference meet will be all conference. The hardship case for All-Conference shall be voted on by secret ballot. The coach requesting the hardship is responsible to present the reason for the request in writing at the coaches meeting the day of the conference meet.



# **HONOR CONCERT**

## **1. NATURE**

- 1.1. The Honor Concert is an evening concert performed by an Honor Chorus and Band consisting of selected students from the league schools. Students are selected to be in the chorus or band, but no individual may participate in both. The site of the concert is to be rotated yearly as indicated in the adopted rotation schedule for all HVL Music Events. The band and chorus are to be directed by guest conductors.

## **2. PURPOSE**

- 2.1. The Honor Concert is an opportunity for the more talented and developed musicians of each league school to get together and perform in an organization made up of students of their own level of ability and accomplishment. The music selected should be of such a quality that it will provide an attainable challenge, a stimulating rehearsal situation and rewarding musical experience through its masterful performance.
- 2.2. It should also be kept in mind that our working together in the Honor group for a common goal of musical excellence should be utilized as a situation to foster good relations between student bodies of the various League Schools.

## **3. POLICIES AND PROCEDURES**

### **3.1. SCHOOL REPRESENTATION**

- 3.1.1. **BAND** - The number is to be dependent upon the number of qualified musicians available and the selection of individuals to be made at a meeting with all band directors present and mutual agreement reached. If it becomes impossible for a director to attend this meeting, they should see that the **host** has a list of their qualified musicians prior to the meeting, and those present will select from that list to complete the instrumentation. The actual placement of the individual within the section shall also be agreed upon at this meeting.
- 3.1.2. **CHORUS** - The number is to be dependent upon the number of qualified singers available and the schools representation is to be decided at a meeting with all choral directors present and mutual agreement reached. If it becomes impossible for a director to attend this meeting, they should see that the **host** has a list of their qualified singers (the number of sopranos, altos, tenors, and basses) prior to the meeting and those present will complete the representation quota.

## **4. REHEARSAL TIME**

- 4.1. (2022) Both band and chorus will have a one-day event. Rehearsal will take place during the school day, from approximately 9:00 am until 6 pm with lunch and dinner breaks. The time schedule on the day of the concert is:  
Start (Practice): to be determined by the host school  
Concert: 7:00 pm unless requested by the host school for 6:30 pm  
\*Event is typically hosted on the Monday of the first full week in November.

## **5. SELECTION OF MUSIC**

- 5.1. Music is selected by the Guest Conductor. The participating high school directors should have the music list by the HVL annual meeting in order that the music can be obtained immediately. An effort should be made to include a variety of music in both choral and instrumental selections. The HVL will provide \$800 for the host school to purchase vocal and instrumental music.

## **6. DRESS CODE**

- 6.1. On the day of the Honor's Concert, rehearsal dress shall be appropriate dress clothes. Concert dress should be band and choir performance attire (2021).

## **7. ADMISSION**

- 7.1. Set by the HVL Committee. Contact the HVL Executive Director for current admission prices. \$8 for Adults, \$5 for Students (2021).

## **8. PUBLICITY & TICKET SALES**

- 8.1. Shall be taken care of each year by the host school.

## **9. FACILITIES**

- 9.1. A homeroom should be provided for each school the day of the concert, after the school day is over.

## **10. MANAGER**

- 10.1. Fee is \$200

## **11. CONDUCTORS**

- 11.1. Will be hired by the manager of the concert.  
11.2. Fee two @ \$600 each plus roundtrip mileage. \$20 for 0-50 miles, \$40 for 51-100 miles, \$60 for over 100 miles.

## **12. SOLOIST**

- 12.1. \$100.00 when applicable

## **13. PIANIST**

- 13.1. \$300.00 (2013)

## **14. REHEARSAL COORDINATOR**

- 14.1. Band \$75.00  
14.2. Choir \$50.00

## 15. FEE PAYMENT

15.1. Contact the HVL Executive Director for current amounts and check request procedures.

- HONORS and CLINIC ROTATIONS (updated in 2023)

	<u>HVL Honor Concert</u>	<u>Instrumental Clinic Blue Div.</u>	<u>Instrumental Gold Div.</u>	<u>Vocal Clinic Blue Division</u>	<u>Vocal Clinic Gold Division</u>
2023-2024	Pine Island	Zumbrota-Mazeppa	Byron	Cannon Falls	Stewartville
2024-2025	Byron	Goodhue	Lourdes	Zumbrota-Mazeppa	Byron
2025-2026	Kasson-Mantorville	Pine Island	Kasson-Mantorville	Goodhue	Lourdes
2026-2027	Goodhue	Lake City	Stewartville	Pine Island	Kasson-Mantorville
2027-2028	Lake City	Cannon Falls	Byron	Lake City	Stewartville
2028-2029	Stewartville	Zumbrota-Mazeppa	Lourdes	Cannon Falls	Byron
2029-2030	Zumbrota-Mazeppa	Goodhue	Kasson-Mantorville	Zumbrota-Mazeppa	Lourdes
2030-2031	Lourdes	Pine Island	Stewartville	Goodhue	Kasson-Mantorville
2031-2032	Cannon Falls	Lake City	Byron	Pine Island	Stewartville
2032-2033	Pine Island	Cannon Falls	Lourdes	Lake City	Byron
2033-2034	Byron	Zumbrota-Mazeppa	Kasson-Mantorville	Cannon Falls	Lourdes
2034-2035	Kasson-Mantorville	Goodhue	Stewartville	Zumbrota-Mazeppa	Kasson-Mantorville

### Rotation for hosting:

**Honor Concert: PI,  
Byron, K-M, Goodhue,  
LC, Stew., Z-M,  
Lourdes, CF**

**Gold Clinic – Byron,  
Lourdes, K-M, Stew.**

**Blue Clinic – ZM,  
Goodhue, PI, LC, CF**

# **VOCAL AND INSTRUMENTAL CLINICS**

## **1. NATURE**

- 1.1. The HVL sponsors a vocal and instrumental clinic each year. Each school is given an allotted period of time in which the prepared selections are presented under their own conductor and then the group is taken over by the clinician for the remainder of the period.

## **2. PURPOSE**

- 2.1. The clinics are basically a critique for individual performance by a recognized authority.
- 2.2. They provide an educational opportunity for the music students of the League Schools to observe what the other schools are doing.
- 2.3. They provide an excellent motivation for the students in that they have an immediate goal in the preparation of clinic music to be presented at a specific time. The student's natural desire to excel in performance and be accepted as a musician enables a high caliber of preparation to take place.

## **3. POLICIES AND PROCEDURES**

- 3.1. PREPARATION -The degree of readiness of the music to be presented is up to the individual director. It should be understood, however, that a clinician can be of more service if the performing groups are past the notechasing stage. The criteria should be to come as well prepared as the school schedule and time will allow.
- 3.2. CLINIC HOSTS - The music director of the host school shall be the manager of the clinic. The duties are to set up and manage the clinic. The specific duties shall include the following:
  1. Secure the approval list of clinicians and hire the clinicians.
  2. Draw up the actual schedule for the clinic.
  3. Take care of all the physical details of the clinic. This includes such things as sufficient stands, choral risers, good public address system, etc.
  4. Notify the directors in sufficient time as to the details of the clinic.
- 3.3. CLINIC TIME ALLOTMENTS - A uniform time period is recommended for each school. It is further recommended that not more than one third of the period be used to present the prepared selections and that the other two thirds be given to the clinician. If a school plans to present more than one group, such as a mixed chorus and a glee club, the same ratio should be kept. The clinician should be notified at the start of the period if more than one group is to be presented.
- 3.4. WARM-UP - Each school should have the use of a warm up room immediately prior to the clinic period. All warm up and tune up should be accomplished at the warm up site.
- 3.5. SNOW DATES FOR THE WINTER CLINICS – in the event they are postponed due to bad weather.
  - 3.5.1. For the Band Clinic – if there is a postponement the Clinic will be CANCELED (2022).
  - 3.5.2. For the Choir Clinic – if there is a postponement the Clinic will be CANCELED (2022).
- 3.6. STUDENT PARTICIPATION
  - 3.6.1. While at the clinic students shall be in one of four places warming up, performing, and observing, other sessions or at lunch at the specified time. Washroom facilities and privileges should not be abused.
  - 3.6.2. Students are expected to observe a minimum of two other clinic sessions. (It is imperative that a good public address system be employed so that the performers and observers may clearly hear the clinician.)
- 3.7. STUDENT DRESS CODE

- 3.7.1. Students shall wear appropriate dress clothes.
- 3.7.2. The dress code shall apply throughout the day and deviation shall not be allowed.
- 3.8. DATES
  - 3.8.1. Instrumental – Wednesday of the 1<sup>st</sup> full week in February or a date agreed upon by the HVL instrumental directors and activity directors. (2007)
  - 3.8.2. Vocal – Wednesday of the 2nd full week in February or a date agreed upon by the HVL instrumental directors and activity directors. (2007)
- 3.9. FEES
  - 3.9.1. Manager fee is \$100 per division
  - 3.9.2. Two Clinicians at \$200 (2019) each plus mileage rate of \$20 for 0-50 miles, \$40 for 51-100 miles, \$60 for over 100 miles.

## **SPEECH**

1. **DIVISIONS:** We currently have one division due to overall speech numbers being lower.

2. **DATES/SCHEDULE**

2.1. The contest will be held the 3<sup>rd</sup> (2009) Monday of March. Kasson-Mantorville High School will be the site  
Start time 3:00 (2013)

2.1.1. **Note: Any school that would host both the Sub-Section and Section speech meet would not be expected to host the HVL meet the same year: move one site ahead.** (Currently, KMHS is hosting each year as a central location.) (2018).

3. **FORMAT**

3.1. Three Rounds & No Finals

3.2. Scoring: MN Speechwire format. Last tie breaker, before coin flip, is total speaker points. (2018)

3.3. Team trophy for team with most points. Top six in each category earn points for their team. Top 3 receive medals. 4 through 6 receive ribbons.(2005)

3.4. Each school supplies his/her own judges. One (1) for every six (6) or fraction thereof.

4. **MANAGERS FEE**

4.1. \$250

4.2. Two tabulators \$50 each if one meet

4.3. 4 hired assistants to be placed as tournament manager needs them to be @ \$50. (2018)

5. **JUDGES** (Recommendations)

5.1. Should be out of school at least two years before being allowed to judge.

5.2. Should receive rules prior to contest

5.3. Should be instructed to make meaningful comments

# ONE ACT PLAY

## 1. FORMAT

- 1.1. Plays to be starred.
- 1.2. All starred plays receive a plaque.

## 2. DATE

- 2.1. Saturday will be held the 3rd weekend of January. Alternate make-up date will be Saturday 4<sup>th</sup> week of January

## 3. ENTRY FEE:

- 3.1. \$150.00 per school and payable to the HVL.

## 4. JUDGES

- 4.1. Three.
- 4.2. Fee: \$30 (2022) per play plus mileage (current rate)

## 5. MANAGER'S FEE/DUTIES

- 5.1. \$30.00 (2022) per play
- 5.2. Secure judges, set up the schedule, order awards (Executive Director), etc.

## 6. SITE

- 6.1. Rochester Lourdes has agreed to host each year.
- 6.2. Could be rotated if so desired (see Manager/Site Fee).

## **FEES**

### **1. MANAGER/SITE**

### **2. CATEGORY 1**

#### **2.1. All schools, one day event**

Band Clinic	\$100
Choir Clinic	\$100
One Act Play Festival	\$30 per play (2022)
Speech	\$250
Speech Tabulators	\$50/person

#### **2.2. Site Rental: If site is rotated, no site rental is paid**

2.2.1. If one school continually hosts, rental expenses can be submitted.

### **3. CATEGORY 2**

#### **3.1. All schools, one site.**

Golf/Tournament/Season	\$200
Golf (Starter for HVL Championships)	\$40 per gender
Track & Field – one meet B/G	\$400 (2007)
Boys and Girls Cross Country	\$150
Honor Concert Practice Site	\$70
Concert Site	\$75
Honor Concert Manager's' Fee:	\$200
Dance meet	\$200 (2007)

4. Site Rental: One Day/All HVL Schools, submit expenses.

5. Golf tourney, each school will be responsible for any green fees.

6. Honor Concert Practice Coordinator: Band \$75.00, Choir \$50.00